

New Day

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andrus Lippmaa (EST) - February 2025
音樂: New Day - Firerose & Billy Ray Cyrus



intro: 20 counts

[1-8] Nightclub basic right, L side rock, L back rock, ¼ left, R rock forward, R-L full turn right with sweep back

1-2& R step right side, L step close to R, R step cross over L
3&4& L rock left side, change weight onto R, L rock back, change weight onto R
5-6& L turning ¼ left step forward, R rock forward, change weight back onto L
7-8 R turning ½ right step forward, L turning ½ right step back and sweep R from front to behind

[9-16] R behind, L side-rock, L cross, R side, L ¼ left coaster step, R-L full turn left with sweep forward, R cross, L back

1-2& R step behind L, L rock left side, change weight onto R
3&4& L step cross over R, R step right side, L turning ¼ left step back, R step next to L
5-6 L step forward, R turning ½ left step back
7-8& L turning ½ left step forward and sweep R from back to front, R step cross over L, L step back

[17-24] R side step, L cross-back-side, L lunge left (prep), R-L-R full and ¼ turn right, L step together and raise, R-L run back

1-2& R step right side, L step cross over R, R step back
3-4 L step left side, L lunge down on left knee and point R to right side (prep)
5&6 R turning ¼ right step forward, L turning ½ right step back, R turning ½ right step forward
7-8& L step next to R and raise little on both toes, R run small step back, L run small step back

[25-32] R back, L back and turn, R forward, L ½ right back, R ¼ side, L cross, R side, L ¼ left forward, R-L full turn left

1-2 R run small step back, L step long step back and turn upper body left watch back over left shoulder
3&4 R step forward, L turning ½ right step back, R turning ¼ right step right side
5&6 L step cross over R, R step to right side, L turning ¼ left step L forward
7-8 R turning ½ left step back, L turning ½ left step forward