

Hold My Horses

COPPERKNOB
BYEPOSTETS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Laura Rittenhouse (AUS) - February 2025
音樂: Hold My Horses - Max Jackson



Start after 16 beats

S1: SHUFFLE FWD x 2; STEP FWD R DIAG, STEP BACK L DIAG

1&2,3&4 Shuffle R fwd (R,L,R) Shuffle L fwd (L,R,L)
5,6,7,8 Step R fwd on R diagonal, Touch L beside R, Step L back on L diagonal, Touch R beside L

S2: SHUFFLE BACK x 2; STEP BACK R DIAG, STEP FWD L DIAG

1&2,3&4 Shuffle R back (R,L,R) Shuffle L back (L,R,L)
5,6,7,8 Step R back on R diagonal, Touch L beside R, Step L fwd on L diagonal, Touch R beside L

S3: LINDY R & L

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R
5&6,7,8 Step L to L, Step R beside L, Step L to L, Cross rock R behind L, Recover on L

S4: TURN 1/2 L WITH 4 SIDESTEPS

1,2,3,4 Turning 1/8 L step R to R diagonal (10:30), Touch L beside R, Turning 1/8 L step L to L (9:00), Touch R beside L
5,6,7,8 Turning 1/8 L step R to R diagonal (7:30), Touch L beside R, Turning 1/8 L step L to L (6:00), Touch R beside L