

Beer Can

拍數: 32 牆數: 2 級數: Improver
編舞者: Séverine Fillion (FR) - January 2025
音樂: Beer Can - Tanner Adell



Intro : 16 counts

[1-8] STOMP, KICK, TRIPLE STEP BACK, COASTER STEP, TRIPLE STEP FWD

1-2 Stomp right next to left, Kick right fwd
3&4 Triple step right - left - right backwards
5&6 Left step back, right next to left, left step fwd
7&8 Triple step right - left - right fwd

[9-16] ROCK FWD, 1/4 TURN L & SIDE TRIPLE, 1/2 TURN L & SIDE TRIPLE, SAILOR STEP

1-2 Rock step left fwd, recover on right
3&4 1/4 turn left & Triple step left – right – left to left side 9 :00
**** TAG / RESTART here walls 4 & 7**
5&6 1/2 turn left & Triple step right – left – right to right side (Or Triple Full T + 1/2 L) 3 :00
7&8 Left cross behind right, right to right, left to left

[17-24] CROSS, SIDE, SAILOR HEEL & CROSS, SIDE, SAILOR 1/4 TURN L

1-2 Right cross over left, left to left
3&4 Right cross behind left, left to left, right heel diagonally right fwd
&5-6 Recover on right next to left (&), left cross over right, right to right
7&8 Left cross behind right, 1/4 turn left stepping right to right, left step fwd - 12 :00

[25-32] ROCK FWD, TRIPLE FULL TURN R IN PLACE, ROCK FWD & STEP 1/2 TURN L

1-2 Rock step right fwd, recover on left
3&4 Triple step right – left – right in place full turning right
Easier option : Coaster step right
5-6 Rock step left fwd, recover on right
&7-8 Left next to right (&) Right step fwd, Turn 1/2 left - 6 :00

TAG (4 counts) : STOMP, BOUNCES x 3

On wall 4 (at 3:00) and on wall 7 (at 9:00) after 12 counts

On wall 4 : 1/4 turn left (to recover at 12 :00) & Right Stomp to right side, lift and drop x 3 right heel on the floor then RESTART at 12 :00 for the wall 5

On wall 7 : you will be at 9 :00, 1/4 turn left to recover at 6 :00 & Right Stomp to right side, lift and drop x 3 right heel on the floor then RESTART at 6 :00 for the wall 8

ENJOY & HAVE FUN