

I Was 23

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ivan Rundgren (SWE) - January 2025
音樂: Heartbreaker From Tennessee - Dasha



Intro: 8C

SEC. 1 HEEL DIG R, CLOSE, POINT L, CLOSE, SCUFF W/A HITCH, STOMP, HEEL SWIVELS OUT IN

1 – 2 Dig R heel forward (1) step R beside L (2)
3 – 4 Point L toe to L side (3) step L beside R (4)
5 – 6 Scuff R fwd (5) stomp R (6)
7 – 8 Swivel both heels ut (7) swivel both heels in (8) Weight ends on L

SEC. 2 SIDE TOUCHES R L, R VINE 1/4 TURN L W/A HOOK AND FINGER SNAP

1 – 2 Step R to R side (1) touch L beside R (2)
3 – 4 Step L to L side (3) touch R beside L (4)
5 – 6 Step R to R side L (5) step L behind R (6)
7 – 8 1/4 turn L stepping back on R (7) hook L across R shin and snap fingers shoulder high (8)

SEC. 3 STEP, CLOSE, STEP, SCUFF, ROCKING CHAIR

1 – 2 Step fwd R (1) step L behind R (2)
3 – 4 Step fwd L (3) scuff fwd R (4)
5 – 6 Step fwd R (5) recover to L (6)
7 – 8 Step back on R (7) recover to L (8)

SEC. 4 OUT, OUT, HIP ROLL, 1/4 TURN L X2

1 – 2 Step diagonal fwd R with R hand on R hip (1) step diagonal fwd L with L hand on L hip (2)
3 – 4 Roll your hips from L to R (3-4)
5 – 6 Step fwd R (5) 1/4 turn L (6)
7 – 8 Step fwd R (7) 1/4 turn L (8)

Start over again!

Have fun & happy dancing

Please do not change anything in this step-sheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

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Contact: Ivan.rundgren@gmail.com