

# Teke Teke - Salsa

拍數: 96      牆數: 1      級數: High Intermediate  
編舞者: Carmen Vizcara (USA) - January 2025  
音樂: Teke Teke - Grupo Bip & Leseo



Salsa is a spot dance but many of the steps can be used in group dancing, even in a line formation. The music is fast!

## DIAGONAL BACK CHAS, POINT FRONT, POINT BACK\*

1 2 3&4      Press/point right foot up, back, triple back right, left, right  
5 6 7&8      Press/point left foot up, back, triple back left, right, left

## DIAGONAL FORWARD CHAS, SIDECHA, BACK TAP/ROCK\*

1 2 3&4      Press/point right foot up, back, triple up right, left, right  
5 6 7&8      Press/point left foot up, back, triple up left, right, left

**Note\*** Diagonal directions are for front line. Back line does the steps in reverse, forward instead of back. After completing both diagonals, both lines will return to their starting position.

## SAMBA WHISKS, HALF RIGHT TURN QUICK STEPS/SHOULDER SHIMMIES

1 2&      Rock side to right for 1, rock back on left for 2, recover right for &  
3 4&      Rock side to left for 3, rock back on right for 4, recover left for &  
5&6&7&8&      Start half right turn quick stepping right left right left right left right left to face 6:00

## SINGLE, SINGLE, DOUBLE HIP BUMPS BACK, DOUBLE HIP BUMPS FORWARD, STEP BEHIND SIDE CROSS

1&2&      Push right hip back stepping right left back diagonal  
2&      Push left hip back, stepping left right back diagonal  
3&4&      Step up diagonal on right bumping hip forward twice  
5&6&      Step up diagonal on left bumping hip forward twice  
7&8&      Step on right, step left behind right, step right side, cross left over right

## SAMBA WHISKS, HALF RIGHT TURN QUICK STEPS/SHOULDER SHIMMIES

1 2&      Rock side to right for 1, rock back on left for 2, recover right for &  
3 4&      Rock side to left for 3, rock back on right for 4, recover left for &  
5&6&7&8&      Start half right turn quick stepping right left right left right left right left to face 6:00

## SINGLE TO DOUBLE HIP BUMPS

1&2 3&4      Bump hips to right, left, right twice up and down  
5&6 7&8      Bump hips to Left, right, left twice up and down

## CROSS HOLDS, SYNCHOPATD FRONT TAPS

&1&2&3&4      Ball left on &, cross right over left, ball left, cross right behind, repeat &1&2  
&5&6&7&8      Ball left step, tap right front, ball right, tap left, ball left, tap right, ball right, tap left

## POINT SWITCHES

1&2& 3&4&      Point right foot right, switch point left foot left, point right foot right, hitch right foot, recover left  
5&6& 7&8      Point left foot left, switch point right foot right, point left foot left, hitch left foot, twist left heel

## RIGHT MAMBO FORWARD, LEFT MAMBO BACK, CONTINUOUS LEFT HALF TURNS

1&2 3&4      Step up on right, recover on left, recover on right, step back on left, recover on right, recover on left  
5 6 7 8      Step on right, half turn left, step on right, half turn left

## CROSS HOLDS, SYNCHOPATD FRONT TAPS

1&2&3&4 Ball left on &, cross right over left, ball left, cross right behind, repeat 1&2  
5&6&7&8 Ball left step, tap right front, ball right, tap left, ball left, tap right, ball right, tap left

### **STOMPS**

1 3 4 Stomp on right holding 2 counts, stomp right on 3 step on right on 4  
5 7 8 Stomp on left holding 2 counts, stomp left on 7 step on left on 8

### **ENDING – DOUBLE STOMPS, HALF TURN RIGHT TANTRUM STOMPING**

1&2&3&4& Stomp on right, hold for 2, stomp twice on &, repeat step 1&2& for left foot  
5&6& Travel half turn right tantrum stomping to face 6:00  
7&8& Stomp left, point right, half turn left to pose on EXPLOSION SOUND!

**Style note: Ladies left hand on waist and right palm up, men both hands on waists**

**Submitted by: Bonnie Berns - Email: [yaelchina@yahoo.com](mailto:yaelchina@yahoo.com)**

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