

Deep Shot

拍數: 32 牆數: 4 級數: Improver
編舞者: Rolline Sullivan (USA) - January 2025
音樂: Daddy Lessons - Beyoncé



NO TAGS, NO RESTARTS

INTRO: 72 CT

SECTION 1: [1-8] WALK UP, LOCK STEP, PIVOT ½ TURN, SLOW ½ TURN

1, 2, 3&4 STEP UP R, STEP UP L, STEP UP R, STEP L BEHIND R, STEP UP R
5-8 STEP UP LEFT AND ½ TURN TO THE RIGHT, STEP LEFT NEXT TO RIGHT, AND SLOW
 ½ TURN TO THE RIGHT

SECTION 2: [9-16] LOCK STEP BACK, ROCK BACK LEFT, ¼ TURN RIGHT, 4 TOE PRESSES

1&2, 3, 4 STEP RIGHT BACK, CROSS LEFT IN FRONT OVER RIGHT, STEP RIGHT BACK, STEP
 LEFT BACK AND SHIFT WEIGHT FROM LEFT TO RIGHT FOOT
5-8 ¼ TURN TO R AND STEP L PRESS DOWN ON L TOE SHIFT WEIGHT TO L HEEL, THEN
 STEP SIDE TO R AND PRESS DOWN ON R TOE SHIFT WEIGHT TO R HEEL (REPEAT)

SECTION 3: [17-24] L CROSS STEP R COASTER L, R CROSS STEP L COASTER OUT R

1,2, 3&4 STEP LEFT DIAGNOLLY IN FRONT OF R, STEP R TO SIDE, STEP L BACK, STEP R UP,
 STEP L UP
5, 6, 7&8 STEP RIGHT DIAGNOLLY IN FRONT OF L, STEP L TO SIDE, STEP R BACK, STEP L UP,
 STEP R TO R SIDE OUT

SECTION 4: [25-32] KNEE TWIST IN, OUT, IN , OUT, SAILOR R, SAILOR L

1-4 TWIST R KNEE TO THE INSIDE, THEN TO THE OUTSIDE WHILE LEANING TO THE R
 (REPEAT)
5&6 STEP R DIAGNOLLY BEHIND LEFT, STEP LEFT, STEP RIGHT NEXT TO L (RECOVER)
7&8 STEP L DIAGNOLLY BEHIND RIGHT, STEP RIGHT, STEP LEFT NEXT TO RIGHT
 (RECOVER)