

Supa Good

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Kristin Clove (USA) - January 2025
音樂: SUPA GOOD!!! (from Dog Man) (feat. James Brown) - Yung Gravy



No tags or restarts

S1: Jump R, Jump L, point side, side, heel, heel

1,2,3,4 Jump both feet Right, bounce, jump both feet left, bounce
5,6,7,8 Point side RF, point side LF, RF heel dig forward, LF heel dig forward

S2: Switch feet back, switch front, 2 steps back LF coaster

&1,2 Bring LF into RF, point Rf back, hold
&3,4 switch bring Rf into Lf, flex LF forward, hold
5,6,7&8 step back LF, back RF, LF Coaster

S3: Swing hips R, swing hips L, hop together,

1,2,3,4 step forward RF (body faces 11:00) swing hips R,L,R, scuff LF forward
5,6,7, step forward LF (body faces 2:00) swing hips L,R,L,
8 jump feet together

S4: Cross step side and flex, ball change feet together, 1/4 turn bounce 2xs

1,2 cross LF over RF, step side RF
3&4 step back LF, side RF, flex side LF
&5 ball change LF, crossing RF over LF
&6 step side LF, step RF next to LF
7,8 1/4 turn over right shoulder bouncing heels 2xs

Please do not alter stepsheets. Email Bootscootbosses@gmail.com with any questions. Thank you.