

Lifetimes KP

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver / Intermediate
編舞者: Scott Colmer S.A. (AUS) - January 2025
音樂: LIFETIMES - Katy Perry



Intro: 16 counts - Begin on Lyrics: "I'll love you" (Weight on Left)

Restart Wall 2 - Section 4 after Count 32 ** Facing 6.00

R SIDE ROCK, RECOVER, 1/4 R SAILOR, L ROCK FORWARD, RECOVER, COASTER

1-2 Step R to R side, recover to L
3&4 1/4 right crossing R behind L, Step L to L side, Step R to R side
5-6 Step L forward, Recover on R
7&8 Step back on L, Step R next to L, Step forward on L (3.00)

R ROCK FORWARD, RECOVER, BACK-HITCH, BACK-HITCH, ROCK BACK, RECOVER, KICK BALL CHANGE

1-2 Step R forward, recover to L
3-4 Step R back, Hitch up L knee forward of R leg, Step L back, Hitch up R knee forward of L leg
5-6 Step Right back, recover to L
7&8 Kick R forward, Step R next to L, Step L forward (3.00)

R SIDE ROCK, RECOVER, BEHIND SIDE FORWARD, ROCK FORWARD, RECOVER, FULL ROLL BACKWARD L

1-2 Step R to R side, recover to L
3&4 Step R behind L, Step L to L side, Step R forward
5-6 Rock L forward, recover to R
7-8 Turn 1/2 L, stepping L forward (9.00) Turn 1/2 L, stepping R back (3.00)
(Simplify counts 7-8 Walk back L-R)

L COASTER, STEP FORWARD 1/4 PADDLE, JAZZBOX CROSS**

1&2 Step L back, Step R next to L, Step L forward
3-4 Step R forward, Turn 1/4 turn L – weight to Left foot
5678** Cross R over L, step back on L, Step R to R side, Cross L over R (12.00)

RESTART WALL 2 AFTER 32 COUNTS 6.00**

POINT SIDE, HOLD, & POINT SIDE, HOLD, & PIVOT 1/2 LEFT, PIVOT 1/2 LEFT

1-2 Point R to R side HOLD
&3-4 Step R next to L(&), Point L to L side HOLD
&5-6 Step L next to R(&), Step R forward, Turn 1/2 L (weight to left foot)
7-8 Step R forward, Turn 1/2 L (weight to left foot) (12.00)

(Simplify counts &5-6-7-8 Step L next to R (&) Rock Forward on R, Recover on L, Rock back on R, Recover onto L - described as a Rocking Chair)

ROCK FORWARD, RECOVER, 1/2 SHUFFLE, STEP FWD, 1/2 L, 1/4 SIDE SHUFFLE

1-2 Rock R forward, recover to L
3&4 Turn 1/4 R stepping R to side, step L next to R, turn 1/4 R stepping R forward(6.00)
5-6 Step forward on L, Turn 1/2 L stepping back on R (12.00)
7&8 Turn 1/4 L stepping L to side, step R next to L, step L to L side (9.00)

(Simplify counts 3&4 Shuffle Back RLR, 5-6 Walk back L-R)

FORWARD POINT HOLD, & FORWARD POINT HOLD, & 1/4 PADDLE, CROSS ROCK, RECOVER

1-2 Step R forward - Point HOLD

&3-4 Step R next to L (&), Step L forward – Point HOLD
&5-6 Step L next to R (&), Step R forward, Turn 1/4 L – weight recovers to L
7-8 Cross R over L, recover on L (6.00)

SIDE ROCK, RECOVER, BEHIND SIDE CROSS, SIDE ROCK, CROSS SHUFFLE

1-2 Step R to R side, recover to L
3&4 Step R behind L, step L to L side, Cross R over L
5-6 Step L to L side, recover on R
7&8 Cross L over R, step R to R side, cross L over R (6.00)

ENDING – AFTER COUNT 16 – Turn 1/4 R with a STOMP to finish at 12.00

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Last Update: 28 Jan 2025
