Dip My Toes

12

3 4

5 & 6

& 78

& 78

& 12

3 4

5 & 6

& 78

1 & 2

& 78

5 & 6

7 8

12

56

3 & 4

stepping L forward [4] 6:00



拍數: 80 牆數: 2 級數: Phrased Intermediate / Advanced 編舞者: Rachael McEnaney (USA) & Shane McKeever (N.IRE) - November 2024 音樂: Dance - Willie Shaw Count In: 32 counts from start of track, dance begins on vocals Phrasing: A B A B B Tag B (SLOW) PART A A [1 – 8] R fwd with L hitch, L cross, R side rock, R behind, 1/4 turn L, R fwd, L toe touch, L forward rock with hip, recover R Step ball of R forward (raised up on R) as you hitch L knee [1]. Cross L over R [2] 12:00 Rock R to right (styling: dip down slightly) [3] Recover weight L [4] 12:00 Cross R behind L [5] Make 1/4 turn left stepping L forward [&] Step R forward [6] 9:00 Touch L toe forward [&] Rock L forward (a little further than the touch) pushing hips forward [7] Recover weight R [8] 9:00 A [9 – 16] L fwd, R fwd, full pivot turn, R back with sweep, L back with sweep, R behind, L side, R cross, L hitch. L side 12&3 Step L forward [1] Step R forward [2] Pivot 1/2 turn left [&] Make 1/2 turn left stepping R back as you sweep L [3) 9:00 Step L back as you sweep R [4] Cross R behind L [5] Step L to left [&] Cross R over L [6] 45&6 Hitch L knee (option to do a slight hop on R)[&] Step L to left [7] Drag R towards L (weight remains L) [8] 9:00 A [17 – 24] R ball, L cross, 1 1/8 turn right, walk R-L, R cross, 1/8 turn R L side, R heel, R ball, L cross, 1/4 turn L back R Step ball of R to right [&] Cross L over R [1] Make 1 & 1/8 turn right on ball of L (option to hitch R knee) [2] 10:30 Step R forward [3] Step L forward [4] 10:30 Cross R over L [5] Make 1/8 turn right stepping L to left [&] Touch R heel to right diagonal [6] 12:00 Step in place on R ball [&] Cross L over R [7] Make 1/4 turn left stepping R back [8] 9:00 A [25 – 32] 1/2 turning L shuffle, R fwd rock, R sailor, L close, R side rock with 1/4 turn right Make 1/4 turn left stepping L to left [1] Step R next to L [&] Make 1/4 turn left stepping L forward [2] 3:00 345&6 Rock R forward [3] Recover weight L sweeping R [4] Cross R behind L [5] Step L next to R [&] Step R to right [6] 3:00 Step L next to R [&] Rock R to right [7] Make 1/4 turn right as you recover weight L [8] 6:00 A [33 – 40] R back, L touch, L back, R touch, R coaster, L fwd rock with knee pop 1234 Step R back [1] Touch L next to R [2] Step L back [3] Touch R next to L [4] (styling option: body roll as you step back) 6:00 Step R back [5] Step L next to R [&] Step R forward [6] 6:00 Rock L forward [7] Recover weight R as you pop L knee forward snapping fingers [8] 6:00 A [41 – 48] L fwd, 1/2 turn L back R, 1/2 turning L sailor, R side rock with sway R-L, rolling grapevine R Step L forward [1] Make 1/2 turn left stepping R back [2] 12:00 Cross L slightly behind R [3] Make 1/4 turn left stepping R next to L [&] Make 1/4 turn left

Step R to right swaying body right [5] Transfer weight L swaying body left [6] 6:00

78&	Make 1/4 turn right stepping R forward [7] Make 1/2 turn right stepping L back [8] Make 1/4 turn right on L ball ready for part B 6:00
PART B B [1 – 8] R diag	onal, L touch, L back, R kick, R behind, L side, R cross, L diagonal, heel twist, L kick, L
behind, R 1/4 t t 1 & 2 &	urn, L fwd. Step R to right diagonal [1] Touch L next to R [&] Step L back [2] Kick R to right diagonal [&]
	6:00
3 & 4	Cross R behind L [3] Step L to left [&] Cross R over L [4] 6:00
5 & 6 &	Step L to left diagonal [5] Twist both heels to left [&] return heels to center [6] Kick L to left diagonal [&] 6:00
7 & 8	Cross L behind R [7] Make 1/4 turn right stepping R forward [&] Step L forward [8] 9:00
B [9 – 16] Char shuffle	leston - R touch fwd, R back, L touch back, L forward with sweep, weave with R crossing
1234	Touch R toe forward [1] Step R back [2] Touch L toe back [3] Step L forward as you sweep R [4] 9:00
5 & 6 &	Cross R over L [5] Step L to left [&] Cross R behind L [6] Step L to left [&] 9:00
7 & 8	Cross R over L [7] Step L to left [&] Cross R over L [8] 9:00
B [17 – 24] L sid L shuffle	de, heel swivels R-L, R hitch, R side, heel swivels L-R with L leg raise, full turn left walking L-R
1 & 2 &	Step L to left [1] Swivel R heel left [&] Swivel L heel left [2] Hitch R knee to right diagonal [&] 9:00
3 & 4	Step R to right [5] Swivel L heel right [&] Swivel R heel right making 1/4 turn left as you release L leg off floor [4] 6:00
5 6	Make 1/4 turn left stepping L forward [5] Make 1/4 turn left stepping R forward [6] 12:00
7 & 8	Make 1/4 turn left stepping L forward [7] Step R next to L [&] Make 1/4 turn left stepping L forward
STYLING: cour	nts 5 - 8 should make a circle shape on floor, think of it as walk walk shuffle in a circle 6:00
B [25 – 32] R ro	ock fwd, 1/2 triple turn R (or 1/2 turn) diagonal lock steps L-R, L forward
123&4	Rock R forward [1] Recover weight L [2] Make 1/2 turn right stepping R forward [3] Make 1/2 turn right stepping L back [&] Make 1/2 turn right stepping R forward [4] (easy option 3-4: 1/2
5 & 6 & 7	turn R shuffle) 12:00 Step L to left diagonal [5] Lock R behind L [&] Step L to left diagonal [6] Step R to right
& 8	diagonal [&] Lock L behind R [7] 12:00 Step R to right diagonal [&] Step L forward [8] 12:00
	A (12.00), B (6.00), A (12.00), B (6.00), B (12.00) - TAG (6.00), B (slow) ep, forward rock with hips, 1/2 turn left
1234	Step R to right diagonal [1] Step L to left diagonal [2] Step R back [3] Step L next to R [4] 6:00
5 6	Rock R forward pushing hips forward [5] Recover weight L pushing hips back [6] 6:00
7 8	Rock R forward pushing hips forward [7] Make 1/2 turn left as you recover weight L [8] 12:00
TAG [9-16] V-S	step, 2x 1/4 pivot turns (roll hips)
1234	Step R to right diagonal [1] Step L to left diagonal [2] Step R back [3] Step L next to R [4] 12:00
5678	Step R forward [5] Pivot 1/4 turn left [6] Step R forward [7] Pivot 1/4 turn left [8] 6:00
	cross, L point, L cross, R point, R jazz box
1 2 3 4 5 6 7 8	Cross R over L [1] Point L to left [2] Cross L over R [3] Point R to right [4] 6:00 Cross R over L [5] Step L back [6] Step R to right [7] Cross L over R [8] 6:00
TAG [25-32] R	side, L touch, L side with sways L-R, L side, R touch, rolling grapevine L SLOWLY

1 2 3 4 Step R to right [1] Touch L next to R [2] Step L to left side swaying body left [3] Transfer weight R swaying body right [4] 6:00
5 6 7 8 & Step L to left [5] Touch R next to L [6] Make 1/4 turn right stepping R forward [7] Make 1/2 turn R stepping L back [8] Make 1/4 turn right on L ball ready to start part B SLOWLY [&] 6:00

HAVE FUN - GOOD LUCK :-)

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