

No Te Ama

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Eny Frihdihastuti (INA) - January 2025
音樂: No Te Ama Como Yo - Sparx



Restart on wall 3 & 8 after 28 count (06.00)

Section 1 : SIDE RECOVER, BEHIND SIDE CROSS, SIDE ROCK TURN 1/4 L, COASTER STEP

1-2 step R to side - recover on L
3&4 step R behind L - step L next to R - step R over L
5-6 step L to side - turn 1/4 L recover on R (09.00)
7&8 step L back - step R next to L - step L forward

Section 2 : ROCK FORWARD, BACK SHUFFLE, ROCK BACK, FORWARD SHUFFLE

1-2 step R forward - recover on L
3&4 step R back - step L next to R - step R back
5-6 step L back - recover on R
7&8 step L forward - step R next to L - step L forward

Section 3 : FORWARD, PIVOT 1/2 L, FULL TURN, FORWARD, COASTER STEP

1-2 step R forward - turn 1/2 L in place (03.00)
3-4 1/2 turn L (R behind L) (09.00) - 1/2 turn L (L forward) (03.00)
5-6 step R forward - recover on L
7-8 step R back - step L next to R - step R forward

Section 4 : FORWARD, TURN 1/4 L SIDE CHASSE, JAZZ BOX TURN 1/4 R

1-2 step L forward - recover on R
3&4 turn 1/4 L to side - step R next to L - step L to side (12.00)
5-6 turn 1/4 R, step R over L - step L behind R
7-8 step R next to L - step R forward (03.00)

enjoy the dance ♥☐

Last Update: 27 Jan 2025