

Hey Rumba

拍數: 32 牆數: 2 級數: Improver
編舞者: Mega Lienatha Lie (INA) & mBah Wir (INA) - January 2025
音樂: Hey (Rumba / 26 BPM) - Ballroom Orchestra & Singers : (Album: Music Takes Control, Latin - Volume 1)



Intro: 16 Count - No Tag - Restart

S1: RUMBA BOX

12 Step RF to R (1), Close LF next to RF (2)
34 Step RF Fwd (3), Hold (4)
56 Step LF to L (5), Close RF Next to LF (6)
78 Step LF Back (7), Hold (8)

SEC 2 : WEAVE, CROSS, SIDE, 1/4 TURN RIGHT, FORWARD

12 Cross RF Over LF (1), Step LF to L (2)
34 Cross RF Behind LF (3), Step LF to L (4)
56 Cross RF Over LF (5), Step LF to L (6)
78 Turn 1/4 R Stepping RF Fwd (7), Step LF Fwd (8)

*** Restart here on Wall 7**

S3: FORWARD ROCK, RECOVER, ¼ RIGHT SIDE, HOLD, CROSS OVER, SIDE, BACK, SWEEP

1-4 Rock R forward (1), Recover on L (2), Make ¼ right turn step R to side (3), Hold (4)
5-8 Cross L over R (5), Step R to side (6), Step L back (7), Sweep R from front to back (8)

S4: SLOW BACK COASTER STEP, HOLD, SIDE ROCK, RECOVER, CROSS OVER, HOLD

1-4 Rock R back (1), Step L next to R (2), Step R forward (3), Hold (4)
5-8 Rock L to side (5), Recover on R (6), Cross L over R (7), Hold (8)

Begin again

Restart during Wall 7 after 16 count

For more questions about this dance please contact us at: lienathamega@gmail.com .or. ekohariprasetyo68@gmail.com