

Bored? Never!

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Linda Nyholm (CAN) - 2017
音樂: Bored to Death - Eric Hutchinson : (I Increased Tempo 6%)



No tags, no restarts. 16 count intro

SECTION 1: ROCKING CHAIR, 2 FORWARD SHUFFLES

1-2-3-4 Rock right fwd, recover to left, rock right back, recover to left
5&6 Step right fwd, & left beside right, step right beside left
7&8 Step left fwd, & right beside left, step left beside right

SECTION 2: RIGHT AND LEFT TOED STRUT, RIGHT AND LEFT HEELS

1-2 Step fwd with weight on right toe, drop heel
3-4 Step fwd with weight on left toe, drop heel
5-6-7-8 Tap right heel fwd, step right beside left, tap left heel fwd, step left beside right

SECTION 3: VINE RIGHT, HITCH LEFT, TURNING 1/4 RIGHT, WALK BACK 3 HOLD

1-2-3-4 Step right to side, left behind right, right to side step right, turning 1/4 hitch left
5-6-7-8 Walk back left, right left, touch right beside left

SECTION 4: RIGHT AND LEFT LINDY

1&2-3-4 Step right to side, & left beside right, right beside left, rock back on left, recover to right
5&5-7-8 Step left to side, & right beside left, left beside right, rock back on right, recover to left
