Signed Sealed Delivered

級數: High Beginner

編舞者: Kim Ray (UK) - January 2025

音樂: Signed, Sealed, Delivered (I'm Yours) - Craig David

Intro: 16 counts

拍數: 32

S1 WALKS FORWARD, TOUCH SIDE, WALKS BACK, TOUCH

- 1-2 Walk forward on right, walk forward on left
- 3-4 Walk forward on right, touch left to left side
- 5-6 Walk back on left, walk back on right
- 7-8 Walk back on left, touch right toe next to left

S2 STEP TOUCHES, WEAVE RIGHT

- 1-2 Step right to right side, touch left next door
- 3-4 Step left to left side, touch right next to left
- 5-6 Step right to right side, cross left behind right
- 7-8 Step right to right side, cross left over right

(RESTART here on wall 4 at 3o/c & wall 10 at 12o/c)

S3 SIDE RIGHT, DRAG, ROCK BACK/RECOVER, GRAPVINE LEFT WITH ¼ TURN SCUFF

- 1-2 Step right to right side, drag left to right
- 3-4 Back rock on left, recover on right
- 5-6 Step left to left side, cross right behind left
- 7-8 ¼ turn left stepping forward on left, scuff right

S4 ROCK FORWARD/RECOVER, JUMPS BACK WITH CLAPS, ROCK BACK/RECOVER

- 1-2 Rock forward on right, recover back on left
- &3-4 Small jump back on right, small jump back on left next to right, CLAP
- &5-6 Small jump back on right, small jump back on left next to right, CLAP
- 7-8 Rock back on right, recover forward on left

Happy dancing ...

Last Update: 10 Feb 2025





牆數:4