

Shake, Rattle and Roll

COPPERKNOB
BY SHEETS

拍數: 48
編舞者: Bill Handley (AUS) - January 2025
音樂: Shake Rattle & Roll - Jimmy Barnes

牆數: 4

級數: Absolute Beginner/Beginner



Intro: 16 c.
Start with RF

[S:1] 2 hip bumps R, 2 hip bumps L, vine R and touch.

1,2,3,4, Make a small step R to R side and make 2 hip bumps to R in 2 counts, transfer weight to L and make 2 hip bumps to L in 2 counts,
5,6,7,8. Step R to R side, step L behind R, step R to R side, touch L next to R.

[S:2] 2 hip bumps to L, 2 hip bumps to R, vine L and touch.

1,2,3,4, Make a small step L to L side and make 2 hip bumps to L in 2 counts, transfer weight to R and make 2 hip bumps to R in 2 counts, Step L to L side, step R behind L, step L to L side, touch R next to L.

[S:3] Step forward, touch, step back, touch, step back, non supported leg-twists in and twists out in 2 counts, hitch.

1,2,3,4, Step forward on R, touch L behind R heel, step back on L, touch R next to L,
5,6,7,8. Step back on R, with L toe remaining on floor-swivel L leg in, swivel L leg out, hitch L.

[S:4] Step forward, touch, step back, touch, step back, non supported leg-twists in and twists out in 2 counts, hitch.

1,2,3,4, Step forward on L, touch R behind L heel, step back on R, touch L next R,
5,6,7,8. Step back on L, with R toe remaining on floor-swivel R leg in, swivel R leg out, hitch R.

[S:5] Rock side, recover, cross, hold, rock side, recover, cross, hold.

1,2,3,4, Rock R to R side, step L in place, cross R over L, hold,
5,6,7,8. Rock L to L side, step R in place, cross L over R, hold.

[S:6] Weave, ¼ turn L and coaster back, close, (9:00).

1,2,3,4, Step R to R side, step L behind R, step R to R side, step L over R,
5,6,7,8. Make a ¼ turn L and step back on R, step L next to R, step forward on R, close L next to R (9:00).

Repeat.