

Into The Sunlight

拍數: 32 牆數: 4 級數: Improver
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音樂: I Rise - Pentatonix



**** 2 restarts and 1 easy tag of 4 counts.**

Intro: slow 8 cts, start after the word Ooh" (06 secs).

S1. 1-8 R Side, L Rock Behind, R Side ¼ R, L Back with R Sweep ½ R, R Behind, L Side, R Cross, L Side, R Cross, L Recover, R Side, L Cross.

1,2& RF step right (1), LF rock behind RF (2), RF recover ¼ right (3.00) (&).
3 LF step back ½ right (9.00) and sweep RF from front to back (3).
4&5 RF step behind LF (4), LF step left (&), RF step across LF (5).
&6 LF step left (&), RF step across LF (6).
7&8 LF recover (7), RF step right (&), LF step across RF (8).

(NB: Restart here in wall 2 after 8 counts, after start again).

S2. 9-16 R Half Syncopated Rumba Box, L Recover with R Sweep, R Behind with L Sweep, L Sailor Step, Swivet Step.

1&2 RF step right (1), LF step beside RF (&), RF step fwd (2).
3,4 LF recover and sweep RF from front to back (3), Rf step behind LF and sweep LF from front to back (4).
5&6 LF step behind RF (5), RF step right (&), LF step left (6).
7&8 RF step slightly beside LF and swivet L toe to left and R heel to right and take weight onto Lf (7&8).

**(NB: 2
nd Restart here in wall 4 after 16 counts, after start again).**

S3. 17-24 R Step, L Hitch, L Step, R Hitch, R Fwd Rock & Side, ½ Triple Turn to R, R Step, L Hitch, L Step.

1&2& RF step fwd (1), LF hitch L knee up (&), LF replace (2), RF hitch L knee up (&).
3&4 RF rock fwd (3), LF recover (&), RF step right (4).
5&6 ½ triple turn left (3.00) ending weight onto LF (5&6).
7&8 RF step fwd (7), LF hitch L knee up (&), LF replace (8).

S4. 25-32 R Kick & Side Rock, L Kick & Point ¼ L, R Knee Lift Diag, Slide Left, L Together, R Cross, L Step ¼ L.

1&2& RF kick fwd (1), RF replace (&), LF rock left (2), RF recover (&).
3&4& LF kick fwd ¼ turn L (12.00) (3), LF replace (&), RF point out right (4), RF lift L knee up diagonal (&).
5,6 RF big step side drag RF towards LF over 2 counts (5,6).
&7,8 LF step beside RF (&), RF step across LF (7), LF step fwd ¼ left (9.00) (8).

(NB 4 count tag here ending wall 7 after 32 counts, after start again).

TAG:

[1-4] R Big Side Step, L Rising Hitch, L Big Side Step, R Rising Hitch.

1,2 RF big step right (1), LF rising knee up (2).
3,4 LF big step left (3), RF rising knee up (4).

REPEAT THE DANCE AND HAVE FUN!!