Boots On The Ground

級數: Improver

編舞者: Ashley Rose (USA) - January 2025

音樂: Boots On The Ground - Megan Knight

Intro: 16 counts (about 12 seconds, starts on lyrics)

* 2 Tags 1 Restart

拍數: 32

[1-8] Heel Hook Heel R & L, Stomp R & L, Swivel, Hitch

- 1&2& Tap R heel forward(1), Hook R heel up to left knee(&), tap R heel down(2), Step on R (&)
- 3&4& Tap L heel forward(1), Hook L heel up to right knee(&), tap L heel down(2), Step on L (&)
 5-6 Stomp R out, Stomp L out
- 7&8& Swivel R heel towards center (7) Swivel R toe towards center (&), Swivel R heel towards center (7), Hitch R knee up (&)

[9-16] Step/Turn, Kick, Coaster Step, Full Turn, Walk

- 1-2 Step forward onto R (1), make a ½ turn left (weight is on R) while kicking L foot forward (2) (6:00)
- 3&4 Step back onto L (3), step onto R next to L (&), step forward on L (4)
- 5-6 * Full turn over left shoulder 1/2 turn left stepping R down (5)(12:00), 1/2 turn stepping L forward (6) (6:00)
- 7-8 Step R forward (7), Step L forward (6;00)
- * Easy Option walk forward R & L

[17-24] Side Rock Cross R & L, 1/4 R Jazz Box

- 1&2 Rock out to side right(1), Recover to left(&), Cross Right over Left(2) (6:00)
- 3&4 Rock out to side left(3), Recover to right(&), Cross Left over Right(4) (6:00)

*Restart here, Wall 6, facing 3:00

5 – 8 Cross R over L (5), Step L back (6), ¼ Turn right step R to right side (7), Step L forward (9:00)

[25-32] Two Pivot Half Turns, Stomp R&L, Hip Rolls

- 1-4 Step forward on R (1), pivot half turn L (2) (3:00) Step forward on R (3), pivot half turn left (4) (9:00)
- 5-6 Stomp R, Stomp L (9:00)
- 7-8 Roll hips counter clockwise, weight ends on L (9:00)

* Tag 1 - After wall 2, facing 6:00

[1-8] Toe Heel Stomp x4

- 1 & 2 Touch R toe beside L with knee pointing toward left (1), Touch R heel forward with toe pointing outward (&) Stomp R in front of L (2)
- 3 & 4 Touch L toe beside R with knee pointing toward right (3), Touch L heel forward with toe pointing outward (&) Stomp L in front of R(4)
- 5-8 repeat

* Tag 2 - After Wall 5, facing 9:00

[1-4] Spin

1-4 Cross R over L and unwind / full spin for 4 counts however many times you'd like. Facing 9:00 when finished

* Restart, Wall 6 facing 3:00 after 20 counts

To end dance, face 12:00 after 16 counts (wall 9) and tip your hat if you have one, or just end with a pose. This song has a sassy feel, so feel free to throw your sass in however the music moves you throughout the





牆數:4

song