

Step Lock Mambo Rhumba AB

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 1 級數: Absolute Beginner
編舞者: Annemaree Sleeth (AUS) - January 2025
音樂: Dreams (Live at Warner Brothers Studios in Burbank, CA, 1997) - Fleetwood Mac



Music: Dreams By Fleetwood Mac Brothers 120 BPM
Faster Music Uptown Girl By Billy Joel or Other Artists 129 BPM. I
Faster Music You Can Do Magic By America 130 BPM.
Faster Music End Of The Line by The Travelling Wilburys 167 BPM.

For Brand New Dancers In Sherbrooke U3a Dance Number 5
I Have Written This For My Dancers To Learn Step Locks, Mambos And Rhumbas
Note In My Class Is Start With Slower Songs Then Get Faster As They Improve

Start On Lyrics - (1 or 4 walls)
Note the dance Comes Back On Phrase With OutTags or Restarts

SEC 1 [1 – 8] STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

1 – 2 Step Right Diagonally Forward Cross Right Behind Left (1.30)
3 – 4 Step Right Forward, Touch/Brush Right Beside Left
5 – 6 Step Left Diagonally Forward Cross Left Behind Right (11.30)
7 – 8 Step Left Diagonally Touch/Brush Left Beside Right

SEC 2 [9 - 16] MAMBOS ' FWD AND BACK, TOUCH

1 – 2 Rock Right Forward, Recover Left
3 – 4 Step Right Beside Left, Hold/Touch
5 – 6 Rock Left Back, Recover Right
7 – 8 Step Left Beside Right, Hold/Touch

SEC 3 [17 – 24] VINE RIGHT ¼ RIGHT, TOUCH, LEFT VINE, TOUCH

1 – 2 Step Right Side, Cross Left Beside Right (3.00)
3 - 4 Turn ¼ Right Step Right Forward, Touch Left Beside Right
5 – 6 Step Left Side, Cross Right Beside Left
7 – 8 Step Left Side, Touch Right Beside Left

For One Wall dance Take the Turn from the Second Vine

SEC 4 [25 – 32] REVERSE RHUMBA

1 – 2 Step Right Side, Step Left Beside Right
3 – 4 Step Right Back, Hold/Touch Left Beside Right
5 – 6 Step Left Side, Step Right Beside Left
7 – 8 Step Left Forward, Hold/Touch Right Beside Left

Options of touching on all holds

No Tags

EMAIL inlinedancing@gmail.com

YOUTUBE [Frederina521](https://www.youtube.com/channel/UCFrederina521) (Annemaree Sleeth)

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