

It Ends With Us

拍數: 32 牆數: 4 級數: Intermediate - Rolling count
編舞者: Duma Kristina S (INA) & Nini (INA) - January 2025
音樂: Love The Hell Out Of You (From The Motion Picture 'It Ends With Us') - Lewis Capaldi



Start dance at 5th count at Sec 1 - on Lyric "MOON" (Sway RF (5))

S1. Cross - Sweep, Twinkle, Cross-Sweep, Weave, Sway R-L, Turn 5/8R Hitch, Run 3x

1 – Cross RF over LF while sweep LF from back to front (1)
2&a Cross LF over RF (2), Rock RF to side (&), Recover on LF (a)
3 – Cross RF over LF while sweeping LF from back to front (3)
4&a Cross LF over RF (4), Step RF to side (&), Cross LF behind RF (a)
5 – 6 Step RF to side swaying body right, sway body left & dragging RF next to LF (look to the left)
7 – Turn $\frac{1}{4}$ right step RF forward turn $\frac{3}{8}$ right hitching LF knee (7) (7.30)
8&a Step LF forward, Step RF forward, Step LF forward

S2. Arabesque, Rock Back, Full Turn L, Forward with Sweep R-L-R, Cross-Back-Back

1 – Step RF forward with lift back up LF (1)
2&a Step LF back (2), Cross RF front LF (&), Step LF back (a)
3 – Rock RF back /preparing (3)
4&a Step LF forward (4), Turn $\frac{1}{2}$ left RF back (&) (1.30), Turn $\frac{1}{2}$ left LF forward (a) (7.30)
5 – 6 Step RF forward while sweep LF from back to front (5), Step LF forward while sweep RF from back to front (6),
7 – Step RF forward while sweep LF from back to front (7)
8&a Cross LF over RF (8), Step RF back to right diagonal (&), Step LF back to left diagonal (a)

S3. Cross-Back-Back (R-L), Turn 1/4L Rock Forward-Recover, Turn 3/8R Forward R-L, Step-Point R-L, Turn 5/8R Forward/Dip into knees with arms hold

1&a Cross RF over LF (1), Step LF back to left diagonal (&), Step RF back to right diagonal (a)
2&a Cross LF over RF (2), Step RF back to right diagonal (&), Step LF back to left diagonal (a)
3 – Turn $\frac{1}{4}$ left Rock RF forward (3) (4.30)
4&a Recover on LF (4), Turn $\frac{3}{8}$ right Step RF forward (&) (9.00), Step LF forward (a)
5a – 6a Step RF forward (5), Point LF to side (a), Cross LF behind RF (6), Point RF to side (a)
7 – 8 Step RF forward, Turn $\frac{5}{8}$ right Step LF in place dip into knees with hold your arms front the chest

S4. Fallaway Diamond 1/2R, Forward & Hitch, Back & Hook, Turn 5/8R Forward & Sweep, Full Turn Triple Step, Kick, Hook

1&a Step RF forward (1), Turn $\frac{1}{4}$ right Step LF to side (&) (7.30), Step RF back (a)
2&a Step LF back (2), Turn $\frac{1}{2}$ right Step RF forward (&) (1.30), Step LF forward (a)
3 – 4 Step RF forward while hitch LF forward (3), Step LF back with hook RF over LF (4)
5 – Turn $\frac{5}{8}$ right Step RF forward sweep LF from back to front (5) (6.00)
6&a Step LF forward (6), Turn $\frac{1}{4}$ left Step RF side (&) (9.00), Turn $\frac{1}{8}$ LF over RF (a) 1.30
7&a– 8 Turn $\frac{1}{8}$ L Step RF back (7)12.00, Turn $\frac{1}{4}$ left Step LF side (&) 3.00, Turn $\frac{1}{8}$ Step RF forward (a)4.30 , Turn $\frac{1}{8}$ Step LF forward (8) 6.00, Low kick RF (&), Hook RF Cross LF (a)

Enjoy the dance...

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