

# Cool It

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Mary Pentangelo (USA) - January 2025  
音樂: Country's Cool Again - Lainey Wilson



Intro is 48 counts – Starts with right foot, weight on left  
Step sheet is to Stylized Version

**[1-8] RF Step Side Touch with LF & Hip Swivel, RF Step Side Tap with LF & Hip Swivel, LF Fwd Heel Tap, Knee Hitch, Back Toe Tap, Knee Hitch**

1-2            (1)RF step side while swiveling the left heel out with the hips, (2)LF step touch next to LF  
3-4            (3)RF step side while swiveling the left heel out with the hips, (4)LF step tap next to LF  
5-8            (5)LF heel tap with (6)LF knee hitch moving back to a (7)LF toe tap to a fwd (8)LF knee hitch

**[9-16] LF Step Together Step, RF Point side 2x**

1-4            (1)LF step fwd, (2)RF step next to LF, (3)LF step fwd, (4)RF tap next to LF  
5-8            (5)RF point side, (6)RF tap next to LF, (7)RF point side, (8)RF tap next to LF

**[17-24] RF Step Side Hold, LF Rock Recover, LF Step Side Hold, RF Rock Recover**

1-4            (1)RF step side, (2)hold one count, (3)LF rock back and (4)recover on RF  
5-6            (5)LF step side, (6)hold one count, (7)RF rock back and (8)recover on LF

**[25-32] RF Step Side ¼ Turn over LF Shoulder, Rock Recover, LF Heel Tap, Step Down, RF Step Together**

1-2            (1)RF step side with a ¼ turn over left shoulder so you're stepping back with a (2)hold on count 2  
3-4            (3)LF rock back and (4)recover on RF  
5-8            (5)LF tap heel in front with a (6)quick step down with (7)RF together (gallop), (8)hold count 8

**RESTART: Happens on Wall 6(9:00) after the first 12 counts (after the LF fwd step together step)**

**TAG: 4 counts – happens on Wall 12(3:00) after completing Wall 11.**

1-4            With feet together, both feet heel fan (1)out, (2)in, (3)out, (4)in – restart the dance.

I also teach a basic version of this dance without the hip swivels and the gallop, and I replace counts 5-8 in the first 8 counts with a (5)LF fwd heel tap (6)hold, (7)LF back toe tap (8)hold.

Thank you for checking out my dance!  
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