

Bronco

拍數: 96 牆數: 2 級數: Phrased Intermediate
編舞者: Danya Svir (USA) & Ashlee Karras (USA) - January 2025
音樂: Bronco (feat. Jelly Roll) - Demun Jones



Sequence: AA(16)BAABAA(16)BTagBA

Part A

Syncopated Rocking Chair, Touch-Flick-Touch, Sweep, Syncopated V Step

- 1&2& Cross Rock RF $\frac{1}{8}$ Fwd Over L (1), Recover LF Back (&), Rock RF Back (2), Recover LF Fwd (&)
- 3&4 Touch RF Fwd (3), Flick RF to R Side (&), Touch RF $\frac{1}{8}$ Fwd (4)
- 5-6 Transfer Weight Fwd to RF and Sweep L Back to Front (5), Step RF to R Side $\frac{1}{4}$ (6)
- &7&8 Step RF Fwd on R Diagonal (&), Step LF Fwd on L Diagonal (7), Step RF Back (&), Close LF Next to R (8) (Heels on Out-Out - Optional Styling)

Toe Strut (x2), Step $\frac{1}{4}$ Pivot, $\frac{1}{2}$ Side, $\frac{1}{2}$ Side

- 1-2 Touch R toe Fwd (1), drop R heel weight Fwd R (2) (Optional Knee Bounces)
- 3-4 Touch L toe Fwd (3), drop L heel and weight Fwd L (4) (Optional Knee Bounces)
- 5-6 Step RF Fwd (5), Turn $\frac{1}{4}$ L end with Weight on LF (6)
- 7-8 Step RF $\frac{1}{2}$ to R Side with Knee Bounce (7), Step LF $\frac{1}{2}$ to L Side with Knee Bounce (8)

$\frac{1}{4}$ Chug, Modified Susie Q

- 1&2& Press RF to R Side (1), Recover Weight $\frac{1}{8}$ L on LF (&), Press RF to R Side (2), Recover Weight $\frac{1}{8}$ L on LF (&),
- 3&4& Press RF to R Side (3), Recover Weight $\frac{1}{8}$ L on LF (&), Press RF to R Side (4), Recover Weight $\frac{1}{8}$ L on LF (&)
- 5&6 Cross RF over L place heel down with toe pointed L (5), Step L foot to L while rotating on R heel Heel Grind (&), Step RF to R Side (6) Rock Back, R to R Side, Heel Grind, Step - Behind - Side
- &7&8 Cross LF over R place heel down with toe pointed L (&), Step R for to R Side while rotating with Heel Grind L (7), Cross LF behind R (&), Step RF to R Side ($\frac{1}{4}$ turn?) (8)

Modified Chugs, Step-Drag, Ball-Cross, $\frac{1}{2}$ Unwind

- 1&2& Press LF to L Side (1), Recover Weight $\frac{1}{8}$ R on RF (&), Press LF to L Side (2), Recover Weight $\frac{1}{8}$ R on RF (&)
- 3&4 Press LF to L Side (3), Recover Weight $\frac{1}{8}$ R on RF (&), Transfer Weight to LF on L Side (4)
- 5-6 Step RF Fwd (5), Drag LF to R (6)
- &7-8 Close LF Next to R (&), Cross RF Over L (&), Unwind $\frac{1}{2}$ L with Weight on L (8)

Part B

Cross-Rock, Step Side, Hip/Heel Twists (x2), Sailor Step L, Sailor Step $\frac{1}{4}$ R

- 1&2 Cross Rock RF Fwd Over L (1), Recover LF Back (&), Step RF to R Side (2)
- &3&4 Twist L heel out (&), step L heel down (3), twist R heel out (&), step R heel down (4)
- 5&6 Step LF behind R (5), Step RF to R Side (&), Step LF to L Side (6)
- 7&8 Step RF behind L (7), Step LF to L side (&), Step RF $\frac{1}{4}$ Fwd to R (8)

Step $\frac{1}{2}$ Pivot, Step $\frac{1}{4}$ Pivot, Out-Out with Lasso, Close L, Body Roll

- 1-2 Step LF Fwd (1), Pivot $\frac{1}{2}$ turn R stepping on RF (2)
- 3-4 Step LF Fwd (3), Pivot $\frac{1}{4}$ turn R stepping on RF (4)
- 5&6& Step LF to L Side (5), Step RF to R Side (&), Step LF to L Side (6), Step RF to R Side (&)
- (Clockwise Lasso with R Arm)**
- 7-8 Close LF Next to R (&), Body Roll (Down to Up) (8)

Slide-Close, Apple Jacks (x2), Skate (x2)

- 1-2 Slide RF to R Side - Close LF Next (Split Weight)
&3 Weight on R ball of foot and weight on L heel, swivel to the L (&), recover to center (3)
&4 Weight on L ball of foot and weight on R heel swivel to the R (&), recover to center (4)
5-6 Step RF Fwd on 1:30 diagonal and drag LF towards R (5), Step LF Fwd on 10:30 diagonal and drag RF toward L (6)
7&8 Step RF Fwd on 1:30 Diagonal (7), Step LF Next to R (&), Hop RF Fwd and Extend L Leg Backwards (8)

Step ½ Pivot, Cross Lock Step, ¼ Scissor Cross, Close, Body Roll

- 1-2 Step LF Fwd (1), Pivot ½ to R onto RF (2) (on 7:30 diagonal)
3&4 Cross LF Fwd Over R (3), Lock RF Behind L (&), Cross LF Fwd Over R (4)
5&6 Rock RF to R Side (5), Recover ¼ to LF (&), Cross RF Over L (6)
7-8 Close LF Next to R (7), Body Roll (Down to Up) (8)

Tag**Step Out, Head Roll, Shoulder Pop (x3), Shoulder Roll, Step Back - Knee Pop**

- 1-2 Step LF to L Side (1) - Full Head Roll, L to R (2-3)
3-4 Pop R Shoulder (4)
&a5-6 Pop L Shoulder (&), Pop R Shoulder (a), Roll L Shoulder Front to Back (5-6)
7-8 Step LF Back (7) - Pop R Knee (8)

Walk (x2), Step ½ Pivot, Walk (x2), Side Step, Hip Roll

- 1-2 Step RF Fwd (1), Step LF Fwd (2)
3-4 Step RF Fwd (3), Pivot ½ L to LF (4)
5-6 Step RF Fwd (5), Step LF Fwd (6)
7-8 Step RF to R Side and Roll Hips Full Circle R to L weight ends on RF (7-8)

Sweeps (x4), Back Rock-Recover, Two Step Turn

- 1-2 Step RF Back and Sweep L Front to Back (1), Step LF Back and Sweep R Front to Back (2)
3-4 Step RF Back and Sweep L Front to Back (3), Step LF Back and Sweep R Front to Back (4)
5-6 Rock RF Back (5), Recover Fwd to LF (6)
7-8 Step RF Back ½ L (7), Step LF Fwd ½ L (8)

Step-Lock, Step-Lock-Step, Pivot ½ Chase, Walk (x2)

- 1-2 Step RF Fwd (1), Lock LF Behind R (2)
3&4 Step RF Fwd (3), Lock LF Behind R (&), Step RF Fwd (4)
5&6 Step LF Fwd (5), Pivot ½ R to RF (&), Step LF Fwd (6)
7-8 Step RF Fwd (7), Step LF Fwd (8)

Step sheet Written & Formatted by Kat Nichols
