Killing Me Softly



拍數: 48 牆數: 4 級數: Improver

編舞者: Christine Stewart (NZ) - January 2025

音樂: Killing Me Softly - Music Travel Love : (Single)



**2 TAGS: 8 counts. At end of WALL 2 facing 6:00 and WALL 4 facing 12:00

NO RESTARTS

ENDING: Add ENDING as per bottom of step sheet during WALL 7 and after count 36 to finish the dance facing 12:00

Intro: approx. 40 counts (dances starts just before lyrics start). Rotates in a CCW (counter-clockwise) direction

Begin facing 12:00 with weight on RIGHT foot and LEFT foot touched beside RIGHT foot

[1 - 8] LEFT ROCKING CHAIR, 1/4 PIVOT TURN RIGHT, CROSS SHUFFLE

1 - 4	Step/rock forward onto Left foot, Recover/rock back onto Right foot, Step/rock back onto Left
	foot, Recover/rock forward onto Right foot

- 5 6 Step Left foot forward, Turn ¼ right on balls of both feet transferring weight sideways onto Right foot (3:00)
- 7 & 8 Cross Left foot over in front of Right foot, Step Right foot slightly to right side, Cross Left foot over in front of Right foot (9:00)

[9 – 16] ¼ TURN LEFT, ¼ TURN LEFT, LOCK STEP SHUFFLE, ROCK FORWARD, RECOVER BACK, WALK BACK

1 - 2	Turn $\frac{1}{4}$ left and step Right foot back (12:00), Turn $\frac{1}{4}$ left and step Left foot to left side (9:00)
3 & 4	Step Right foot forward, Step onto Left foot behind Right foot, Step Right foot forward

- 5 6 Step/Rock forward onto Left foot, Recover/rock back onto Right foot (9:00)
- 7 8 Step Left foot Back, Step Right foot back

[17 – 24] BACK STRUT, ½ TURN RIGHT TOE STRUT, ¼ TURN RIGHT SIDE STRUT, ROCK BACK, RECOVER FORWARD

1	
1 - 2	Step back on ball of Left foot (1), Lower Left heel to floor (2) (3:00)
3 - 4	Tun ½ right and step forward onto ball of Right foot (3), Lower Right heel to floor (4) (9:00)

5 - 6 Turn ¼ left and step sideways left of ball of Left foot (5), Lower Left heel to floor (6) (6:00)

7 - 8 Step/rock back onto Right foot, Recover/rock forward onto Left foot

[25 – 32] SIDE SHUFFLE RIGHT, ROCK BACK, RECOVER FORWARD, SIDE SHUFFLE LEFT, ROCK BACK, RECOVER FORWARD

1 & 2	Step Right foot to right side, Step onto Left foot beside Right foot, Step Right foot to right side
	(6:00)

3 - 4 Step/rock back onto Left foot, Recover/rock forward onto Right foot

5 & 6 Step Left foot to left side, Step onto Right foot beside Left foot, Step Left foot to left side

7 - 8 Step/rock back onto Right foot, Recover/rock forward onto Left foot

[33 - 40] ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT, WEAVE, TOUCH TO LEFT SIDE

- 1 2 Step Right foot forward, Turn ½ left on balls of both feet transferring weight forward onto Left foot (12:00)
- 3 4 Step Right foot forward, Turn ¼ left on balls of both feet transferring weight sideways onto Left foot #

ENDING here during WALL 7 and facing 3:00 after completing the above 4 counts. ENDING replaces the normal steps for counts 5 - 8. Dance finishes facing 12:00 (9:00)

5 - 8 Cross Right foot over in front of Left foot, Step Left foot to left side, Step onto Right foot behind Left foot, Touch/point Left foot to left side

[41 - 48] WEAVE, SWEEP BACK, BEHIND, SIDE, FORWARD, HOLD

- 1 4 Cross Left foot over in front of Right foot, Step Right foot to right side, Step onto Left foot behind Right foot, Sweep Right foot (with toes on the floor) around from front towards back (clockwise direction) (9:00)
- 5 8 Step onto Right foot behind Left foot, Step Left foot to left side, Step forward slightly onto Right foot, hold

TAG: Add at end of WALL 2 facing 6:00 and WALL 4 facing 12:00

[1 – 8] ROCK FORWARD, RECOVER BACK, SHUFFLE BACK, ROCK BACK, RECOVER FORWARD, SHUFFLE FORWARD

1 - 2 Step/rock forward onto Left foot, Recover/rock back onto Right foot
3 & 4 Step Left foot back, Step onto Right foot beside Left foot, Step Left foot back
5 - 6 Step/rock back onto Right, Recover/rock forward onto Left foot
7 & 8 Step Right foot forward, Step onto Left foot beside Right foot, Step Right foot forward

ENDING: Add during WALL 7 and facing 3:00 after completing counts 33 - 36. Dance will finish facing 12:00 [5 – 8] CROSS, SIDE, BEHIND, ¼ TURN LEFT, TOUCH

5 - 8 Cross Right foot over in front of Left foot, Step Left foot to left side, Turn ¼ left and step Left foot forward, Touch Right foot beside Left foot (12:00)

email: christine@silverliningdance.co.nz website: www.silverliningdance.co.nz