

Free Like The Wind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Janine Kilian (SA) - January 2025
音樂: Ruiter Van Die Windjie - Posduif



INTRO : 40 counts, on lyrics

****2 RESTARTS & 1 TAG ACW rotation**

Section 1 (1 – 8) R toe strut forward, L toe strut forward, R Rocking Chair

1 - 2 R toe strut : Step R toe forward (1) & flatten R foot (2)
3 - 4 L toe strut : Step L toe forward (3) & flatten L foot (4)
5 - 6 Rock step R forward (5), Recover on L (6)
7 - 8 Rock step R back (7), Recover on L (8) (Facing 12h)

Section 2 (9 – 16) Step R diagonal forward, touch L next to R, ¼ turn left & Step L, Touch R next to L, Point R to right side & then hitch R over L, Point R to right side & hitch R over L

1 - 2 Step R diagonal forward (1), Touch L next to R (2)
3 - 4 ¼ turn left & step L to left side (3), Touch R next to L (4)
5 - 6 Point R to right side (5), hitch R over L (6)
7 - 8 Point R to right side (7), hitch R over L (8) (Facing 9h)

Section 3 (17 – 24) Rubma box : Step R to right side, Step L next to R, Step R forward, Touch L next to R, Step L to left side, Step R next to L, Step L back, Drag R backwards

1 - 2 Step R to right side (1) & step L next to R (2)
3 - 4 Step R forward (3) & Touch L next to R (4)
5 - 6 Step L to left side (5), Step R next to L (6)
7 - 8 Step L back (7) & Drag R backwards toward you (8) (Facing 9h)

Section 4 (25 – 32) R Coaster step : Step R back, Step L next to R, Step R forward with a Hold (weight on R), Side Rock L to left side & recover on R, Step L forward & Hold (weight on L)

1 - 2 R Coaster Step : Step R back (1), Step L next to R (2)
3 - 4 Step R forward (3), HOLD (weight on R) (4)
5 - 6 Side Rock L to left side (5), Recover on R (6),
7 - 8 Step L forward (7), HOLD weight on L (8) (Facing 9h)

START AGAIN...

RESTART 1 : On Wall 5 after 8 Counts (facing 12h)

TAG & RESTART 2 : Start Wall 11 at 9h, 4-Count Tag after 16 Counts, now facing 6h. RESTART facing 6h.

1 - 2 2 x R Hip bumps (weight on R)
3 - 4 2 x L Hip bumps (weight on L)

ENJOY!!

Date Issued : 18 January 2025