

Dry

拍數: 32 牆數: 4 級數: Improver
編舞者: Angeles Mateu (ES) & Jesús Moreno Vera (ES) - January 2025
音樂: Alimony - Miranda Lambert



INTRO: 16 counts, 8 secs. Approx.

[1-8] CHASSE R/L, ROCK BACK, RECOVER, KICK ACROSS, KICK.

- 01 – Step with right foot to the right.
- & – Step with left foot next to right.
- 02 – Step with right foot to the right.
- 03 – Step with left foot to the left.
- & – Step with right foot next to left.
- 04 – Step with left foot to the left.
- 05 – Rock back with right foot.
- 06 – Recover weight on left foot.
- 07 – Kick with right foot crossed in front of left foot.
- 08 – Kick forward with right foot diagonally to the right.

[9-16] KICK ACROSSx2, ROCK BACK, SHUFFLE FWD, STOMP, HOLD.

- 01 – Kick with right foot crossed in front of left foot.
- 02 – Kick with right foot crossed in front of left foot.
- 03 – Rock back with right foot.
- 04 – Weight back on left foot.
- 05 – Step forward with right foot.
- & - Step with left foot next to right.
- 06 – Step forward with right foot.
- 07 – Stomp forward with left foot.
- 08 – Hold.

[17-24] POINT SWITCHES, STEP, ROCKING CHAIR.

- 01 – Right toe to the right.
- & - Step with right foot next to left.
- 02 – Left toe forward.
- & – Step with left foot next to right.
- 03 – Right toe to the right.
- & - Step with right foot next to left
- 04 – Left step forward.
- 05 – Rock forward with right foot.
- 06 – Regain weight on left foot.
- 07 – Rock back with right foot.
- 08 . Regain weight on left foot.

[25-32] ROCK FWD, TRIPLE STEP ½, CHASSE TURNING ¼, ROCK BACK.

- 01 – Rock forward with right foot.
- 02 – Regain weight on left foot.
- 03 – Turn ¼ turn to the right and step with right foot to the right.
- & - Step with left foot next to right.
- 04 - Turn ¼ turn to the right and step with right foot forward.
- 05 - Turn ¼ turn to the right and step with left foot to the left.
- & - Step with right foot next to left.
- 06 – Step with left foot to the left.

- 07 – Rock back with right foot.
- 08 – Regain weight on left foot.

START OVER

TAG 1: After finishing wall 4, perform the following steps

[1-12] HEEL TAPS, ELVIS KNEES

- 01 – Step with right foot to the right.
- & - Lift right heel.
- 02 – Lower right heel.
- & - Lift right heel.
- 03 – Lower right heel.
- & - Lift right heel.
- 04 – Lower right heel.
- & - Lift left heel.
- 05 – Lower left heel.
- & - Lift left heel.
- 06 – Lower left heel.
- & - Lift left heel.
- 07 – Lower left heel.
- & - Lift left heel.
- 08 – Lower left heel.
- 09 – While keeping weight on left foot, bring right knee in.
- 10 – While keeping the weight on the right foot, bring the left knee in.
- 11 – While keeping the weight on the left foot, bring the right knee in.
- 12 – Hold.

TAG 2: After finishing wall 11, perform the following steps

[1-4] HEEL TAPS

- 01 – Step with right foot to the right.
 - & - Lift the right heel.
 - 02 – Lower the right heel.
 - & - Lift the right heel.
 - 03 – Lower the right heel.
 - & - Lift the right heel.
 - 04 – Lower the right heel.
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