A Day Late

拍數: 32

級數: Improver

編舞者: Linda Scott (USA) - January 2025

音樂: Day Late & A Buck Short - Julia Cole

Intro: 8 counts - 2 restarts, 1 tag

SIDE, TOGETHER, RIGHT LINDY, 1/2 SHUFFLE

- 1-2 Step RF to right, Slide LF next to right.
- 3&4 Stepping to the right, Step RLR
- 5-6 Rock LF back behind right, Recover weight back to RF
- 7&8 Traveling to your left, Shuffle ½, LRL (6:00)

Easier steps change 7&8 to a side shuffle (stay facing 12:00)

SIDE, TOGETHER, RIGHT LINDY, 1/2 SHUFFLE

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7&8 Traveling to your left, Shuffle ½, LRL (12:00)

Easier steps change 7&8 to a side shuffle (stay facing 12:00)

RESTART WALL 2 after 16 (3:00)

HEEL, TOE, HEEL, TOE, HEEL, TOE, ROCK, RECOVER, COASTER STEP

- &1&2 Step back on RF(&), Tap L Heel forward (1), Step LF in Place (&), Tap R Toe Next to left (2)
- &3&4 Step back on RF(&), Tap L Heel forward (1), Step LF in Place (&), Touch R toe next to left (4)
- 5-6 Rock forward on RF, Recover on LF
- 7&8 Step RF back, Step LF next to LF, Step RF forward

RESTART WALL 7 after 23 (Change steps 7&8 to &7- Ball, Cross - restart (see below)

STEP ½, STEP ½, STEP ¼, SHIMMY TO LEFT

- 1-2 Step LF forward, Pivot to right ½ turn (weight on LF) (6:00)
- 3-4 Step LF forward, Pivot to right ¹/₂ turn (weight on LF) (12:00)
- 5 Step LF ¼ to left (3:00)
- 6-7 Slide RF toward LF, as you slide your foot shimmy your hips or shoulders for styling
- 8 Touch R Toe next to LF, (Keep weigh on LF to restart dance)

Easier steps change 1-4 to a rocking chair (stay facing 12:00)

TAG - After wall 3 - Facing 9:00

SHIMMY RIGHT, SHIMMY LEFT

1,2,3,4 Stepping RF to right, slide LF to right foot, Shimmy your shoulders, hips or both

5,6,7,8 Stepping LF to left, slide RF to left, Shimmy your shoulders, hips or both \Box (make sure to end tag with weight on LF)

Wall 7 – change 7&8 to to &7 Ball, Cross and then restart

HEEL, TOE, HEEL, TOE, HEEL, TOE, ROCK, RECOVER, BALL, CROSS

&1&2 Step back on RF(&), Tap L Heel forward (1), Step LF in Place (&), Tap R Toe Next to left (2)

&3&4 Step back on RF(&), Tap L Heel forward (1), Step LF in Place (&), Touch R toe next to left (4)

- 5-6 Rock forward on RF, Recover on LF
- &7 Step on Ball of RF, Cross LF over right, RESTART

Enjoy!





牆數:4