

Feelin' Awesome

COPPERKNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Anja Waldmeier (CH) - January 2025
音樂: What Doesn't Kill You - Randall King



#32 Counts Intro / 2 Restarts

[1-8] SIDE ROCK, CROSS SHUFFLE, ½ HINGE TURN, CROSS SHUFFLE

1-2 Rock R to R side (1), Recover on L (2)
3&4 Cross R over L (3), step L next to R (&), Cross R over L (4)
5-6 ¼ turn R stepping back on L (5), ¼ turn R stepping side on R (6) 06:00
7&8 Cross L over R (7), step R next to L (&), Cross L over R (8)

[9-16] FIGURE 8 (SIDE, BEHIND, ¼ TURN, ½ STEP TURN, ¼ TURN, BEHIND, ¼ STEP)

1-2 Step R to R side (1), cross L behind R (2)
3-4 ¼ turn R step forward on R (3), step forward on L (4) 09:00
5-6 ½ turn R while recover on R (5), ¼ turn R step L to L side (6) 06:00
7-8 Cross R behind L (7), ¼ turn L step L forward (8) 03:00

[17-24] CHASSE, ROCK BACK, CHASSE, ¼ ROCK BACK

1&2 Step R to R side (1), Step L next to R (&), Step R to R side (2)
3-4 Rock L back (3), Recover on R (4)
5&6 Step L to L side (5), Step R next to L (&), Step L to L side (6)
7-8 ¼ Turn R while rock R back (7), Recover on L (8) 06:00

[25-32] POINT & HEEL, HELL & POINT, ROCKING CHAIR

1&2& Point R to R side (1), Step R next to L (&), touch L heel forward (2), step L next to R (&)
3&4& Touch R heel forward (3), Step R next to L (&), Point L to L side (4), step L next to R (&)
5-6 Rock R forward (5), Recover on L (6)
7-8 Rock R back (7), Recover on L (8)

Restart here on wall 6 - Start at 9:00 and restart facing 03:00

[33-40] SIDE ROCK, BEHIND SIDE ¼ TURN, ROCK FWD, ½ SHUFFLE FWD

1-2 Rock R to R side (1), Recover on L (2)
3&4 Cross R behind L (3), step L to L side (&), ¼ turn while step forward on R (4) 03:00
5-6 Rock L forward (5), recover on R (6)
7&8 ¼ Turn L stepping L to L side (7), Step R next to L (&), ¼ Turn L stepping forward on L (8)
09:00

[41-48] POINT & HEEL, HELL & POINT, ROCKING CHAIR

1&2& Point R to R side (1), Step R next to L (&), touch L heel forward (2), step L next to R (&)
3&4& Touch R heel forward (3), Step R next to L (&), Point L to L side (4), step L next to R (&)

Restart here on wall 5 - Start at 12:00 and restart facing 09:00

5-6 Rock forward on R (5), Recover on L (6)
7-8 Rock back on R (7), Recover on L (8)

Slower Option for Section 4 (25-28) & 6 (41-44):

Do the first four counts like this "Point R to R (1) Step R next to L (2) Point L to L (3) Step L next to R (4)

Restart 1 – Wall 5 after count 44 facing 09:00

Restart 2 – Wall 6 after count 32 facing 03:00

Ending – Wall 8 after count 26 step R forward (5), ½ turn L while recover on L (6)
SMILE & FEEL AWESOME – YOU GOT IT ☐

Last Update: 17 Jan 2025
