Flowers Cha Cha

級數: Improver

編舞者: Chany Jung (KOR) - January 2025

音樂: Flowers - Miley Cyrus

Start dance on word "Good"

拍數: 52

* 1 Restart! You're Welcome.

S1: WALK R-L. SHUFFLE, L CROSS ROCK, RECOVER, CHASSE LEFT

- 1-2 Step R forward, Step L forward
- 3&4 Step R forward, Step L next to R, Step R forward
- 5-6 Cross rock L over R, Recover on R
- 7&8 Step L to L, Step R next to L, Step L to L

S2: R CROSS ROCK, RECOVER, CHASSE RIGHT, STEP, PIVOT 1/2, L SHUFFLE

- 1-2 Cross rock R over L, Recover on L
- 3&4 Step R to R, Step L next to R, Step R to R
- 5-6 Step L forward, Pivot 1/2 R
- Step L forward, Step R next to L, Step L forward 7&8

S3: CROSS, SIDE ROCK, RECOVER, (CROSS, SIDE) x4, Cross

- Cross R over L, Rock L to L, Recover on R 1&2
- 3-4 Cross L over R, Step R to R
- 5&6& Cross L over R, Step R to R, Cross L over R, Step R to R
- 7&8 Cross L over R, Step R to R, Cross L over R

S4: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER 1/4, L SHUFFLE

- Rock R to R, Recover on L 1-2
- 3&4 Cross R behind L, Step L to L, Cross R over L
- 5-6 Rock L to L, 1/4 R recovering on R
- 7&8 Step L forward, Step R next to L, Step L forward

S5: (SIDE ROCK, RECOVER, TRIPPLE STEP) R-L

- 1-2 Rock R to R, Recover on L
- 3&4 Step R next to L, Step L on place, Step R on place
- 5-6 Rock L to L, Recover on R
- 7&8 Step L next to R. Step R on place, Step L on place

S6: ROCK, RECOVER, 1/2 R SHUFFLE, STEP, PIVOT 1/2, L SHUFFLE

- 1-2 Rock R forward, Recover on L
- 3&4 1/4 turn R stepping R to R, Step L next to R, 1/4 turn R stepping R forward
- 5-6 Step L forward, Pivot 1/2 R
- Step L forward, Step R next to L, Step L forward 7&8

S7: SWAY R-L-R-L

- 1-2 Step R to R, Sway R-L
- 3-4 Sway R-L

Restart: After 16 counts of Wall 3 (facing 12:00)

I hope you enjoy it with a smile!! jwoongjae@naver.com





牆數: 4