

Hit the Jukebox

拍數: 40 牆數: 2 級數: Novice
編舞者: Wild Boots Country Dance (CAN) - January 2025
音樂: Hit the Jukebox - The Wild Palominos



Restarts: At wall 4 after 32 counts and wall 11 after 28 counts

Section 1: Rocking Chair Right Foot, Step Lock Step Right Foot, Pause (8 counts)

1-2 Rock step forward on right, back to left
3-4 Rock step back on right, back to left
5-6-7 Step forward on right, lock left behind right, step forward on right
8 Pause, weight on right foot

Section 2: Rocking Chair Left Foot, Step Lock Step Left Foot, Touch Right (8 counts)

1-2 Rock step forward on left, back to right
3-4 Rock step back on left, back to right
5-6 Step forward on left, lock right behind left, step forward on left
7-8 Bring right foot next to left, touch right foot

Section 3: Triple Twist Right, Twist Left, Twist Right (8 counts)

1 Twist heels to the right (weight on the balls of feet)
2 Twist toes to the left (weight on heels)
3 Twist heels to the right (weight on the balls of feet)
4 Clap hands
5 Twist heels to the left (weight on the balls of feet)
6 Clap hands
7 Twist heels to the right (weight on the balls of feet)
8 Clap hands

Section 4: 1/4 Turn x2 Left with Right Foot, Jazz Box in Place (8 counts)

1-2 Step forward on right, 1/4 turn left
3-4 Step forward on right, 1/4 turn left
5-6 Cross right foot over left, step left foot back
7-8 Step right foot to the side, step left foot next to right

Section 5: Right Heel Forward, Left Heel Forward, Right Toe Side, Left Toe Side, Touch Right Behind, Left Heel Forward, Assemble (8 counts)

1-2 Right heel forward, clap hands
&3-4 Bring right foot next to left, left heel forward, clap hands
&5 Bring left foot next to right, point right foot to the side
&6 Bring right foot next to left, point left foot to the side
&7 Bring left foot next to right, touch right foot behind
&8 Bring right foot next to left, left heel forward
& Bring left foot next to right to start the dance again

Repeat and enjoy the dance!