Cha Cha Sway AB

拍數: 32

級數: Absolute Beginner

編舞者: Shanthie De Mel (AUS) - January 2025

音樂: Cha Cha Sway - Jose Reazze

Intro. 16 Count. No Tags. No Restart. Rotation left. 120 BPM. Keep the beat & do your own styling with plenty of hip action.

(1-8) SHUFFLE DIAGONALLY FORWARD. SWAY. SWAY. x2

- Shuffle diagonally forward to right side R-L-R. 1&2
- 3, 4 Sway on L to left side. Sway on R to right side.
- Shuffle diagonally forward to left side L-R-L. 5&6
- Sway on R to right side. Sway on L to left side. (12:00) 7,8

(9-16) STEP. PIVOT. PADDLE/SWING. PADDLE SWING. FLICK. STOMP.

- 1, 2 Step R forward. Turn 1/2 left on L swinging hips. (6:00)
- 3, 4 Step R forward. Turn ¼ left on L swinging hips. (3:00)
- 5,6 Step R forward. Turn ¼ left on L swinging hips. (12:00)
- 7,8 Flick R out. Stomp R. (12:00)

(17-24) SHUFFLE FORWARD. ROCK BACK. RECOVER. x2

- 1&2 Shuffle forward L-R-L.
- 3, 4 Rock R back. Recover L.
- 5&6 Shuffle forward R-L-R.
- Rock L back. Recover R. (12:00) 7.8

(25-32) STEP. TOUCH. STEP. CLOSE. WALK AROUND TURNING 3/4 RIGHT TO 9:00

- Step L to left side. Touch R to L. 1, 2
- 3, 4 Step R to right side. Step L together.
- 5, 6, 7, 8 Walk around R-L-R-L turning ³/₄ right over right shoulder. (9:00)

Enjoy the dance. Stay happy!

Last Update: 17 Jan 2025





牆數: 4