People Ain't Dancing



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Deb Meeks (USA) - January 2025

音樂: People Ain't Dancing (feat. Kah-Lo) - Billen Ted



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts 32 counts in.

PART 1:16 COUNTS

THREE HALF TURNING SIDE BEHIND AND KICKS AND CROSSES, JAZZ BOX

1 2&3&4 Step to right, step left behind, step on right (&), left in foot in front, step on left, cross right in

front

5 6&7&8 Half turn right on left, step right side, step on left (&), kick right in front, step on right, cross left

front

9 10&11&12 Half turn left on right, step left, step on right (&), kick left in front, step on left, step right

forward

13 14 15 16 Left foot jazz box

REPEAT STEPS 1 – 16 ABOVE

PART 2: 24 COUNTS

SIDE STEP DIPPING HIP ROLLS RIGHT, LEFT

1 2 3 4 Double side dipping hip rolls to right 5 6 7 8 Double side dipping hip rolls to left

BACK STEP HIP ROLLS, OUT OUT IN IN

1 2 3 4 Step back on right, roll hip dragging left foot in, repeat

5 6 7 8 Step forward out on right, forward out on left, step in on right, in on left

REPEAT STEPS 1 - 4 ABOVE

BACK STEP HIP ROLLS, DOUBLE QUICK OUT OUT IN INS

1 2 3 4 Step back on right, roll hip, step back on left, roll hip 5&6&7&8 Double time out outs in ins starting with right foot

REPEAT PART 1

PART 3:

QUARTER TURN BOUNCE RIGHT, QUARTER RIGHT TURN BACK CHUGS TWICE, QUARTER LEFT TURN BACK CHUGS, LEFT COASTER STEP

1 2 3&4 Right heel grind quarter turn right, paddle back on right twice for another quarter turn

5&6 7&8 Reverse direction paddling 2 times completing half left turn, left coaster step

STEP TAPS PATTERN, BOUNCING BACK STEPS

9&10&11&12 Step on right, left, tap right, step on right, step on left, step on right, point right to side, pause 13&14&15&16 Step back on bouncing on right for 2 counts, back on left for 2 counts

REPEAT PART 3

REPEAT PART 2

REPEAT PART 1

REPEAT PART 3

REPEAT PART 1

REPEAT PART 3

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