Chun Lian Hong (春联红) 2025



拍數: 72 牆數: 1 級數: Improver

編舞者: Jaslin Lim (SG) - January 2025

音樂: 春联红 - 新年 2025

Sequence: 72, 32, Tag, 72, 32, Restart, 72, 32, Tag

Section 1: Rocking Chair, Rumba box forward, Rocking Chair, Rumba box backward

1-4 Rock R forward, recover on L, rock R backward, recover on L

5-8 Step R to right, step L besides R, Step R forward, hold

9-12 Rock L forward, recover on R, rock L backward, recover on R

13-16 Step L to left, step R besides L, Step L backward, hold

Section 2: Step side together side, kick (x2), Side manbo (x2)

Step R to right, step L besides R, step R to right, kick L across R
Step L to left, step R besides L, step L to left, kick R across L

9-12 Rock R to right, recover on L, step R besides L, hold 13-16 Rock L to left, recover on R, step L besides R, hold

(Note: There is a tag here at wall 2 and a restart on Wall 4)

Section 3: Step Side together side, Point behind, Chinese hands greeting "Gong Xi Gong Xi" (x2)

1-4 Step R to right, step L besides R, step R to right, point L behind R

5-8 Cup left hand over over right fist and offer "Gong Xi" greetings to the right

9-12 Step L to left, step R besides L, step L to left, point R behind L
13-16 Cup left hand over right fist and offer "Gong Xi" greetings to the left

Section 4: Diagonal Side step, touch (x4), V steps (out-out-in-in) x2

1-4 Step R diagonally forward to right, touch L besides R, Step L diagonally forward to left, touch

R besides L

5-8 Repeat above 1-4 steps (Offering "Gong Xi" at every steps)

9-12 Step V steps on R,L,R,L (Out-out-in-in)

13-16 Repeat above V steps

Section 5: Syncopated Cross rock, Side (x3), Step, flick

1&2 Cross rock R over L, recover on L, step R to right
3&4 Cross rock L over R, recover on R, step L to left
5&6 Cross rock R over L, recover on L, step R to right

7-8 Step L forward, flick R back

Tag: 16 Counts

1-2, 3&4	Forward Rock on R, recover on L and shuffles back on R,L,R
5-6 7&8	Backward rock on L, recover on R and shuffles forward on L,R,L

1-3 Cross R over L, step back on L and R
4-6 Cross L over R, step back on R and L
7-8 Cross R over L, step L besides R

