

Josephine

拍數: 40 牆數: 4 級數: Improver
編舞者: Åsa Gustafsson (SWE) - January 2025
音樂: Josephine (feat. Lissie) - Albin Lee Meldau
或: Swedish version Josefin - Albin Lee Meldau



Count in 20

Section 1: Right Heel grind, behind side cross, point turn ¼ left (9), coasterstep & Step

1-2 Digg R heel to right side, turn toes slightly to the right and angle your body to right diagonal
3&4 Step R behind L & L to left side, R across L
5-6 Point L toe to the left and turn ¼ left (9), weight on R
7&8 Step back on L & R beside L, stepping fwd on L

Section 2: R cross back chassé right, L cross back chassé turn ¼ left (6)

1-2 Step R across L, step back on L
3&4 Step R to right side & L beside R stepping R to right side
5-6 Step L across R, step back on R
7&8 Step L to Left side & R beside L, turn ¼ left (6) stepping fwd on L

Section 3: Step 1/2 turn L (12) shuffle ½ turn left (6). Back sweep x 2, coaster cross

1-2 Step fwd on R, turn ½ turn left (12) stepping on L foot
3&4 Turn ½ turn left (6) stepping back on R & L beside R stepping back on R
5-6 Walking back sweeping L foot front to back, R foot front to back
7&8 Step back on L & R beside L, crossing L over R

Section 4: Traveling samba x2, ¼ turn left(3) stepping back on R, L to left. R Cross shuffle

1&2 Step R slightly diagonally fwd right & step on L, step R across L. Angle body slightly left diagonal.
3&4 Step L slightly diagonally fwd left & step on R, step L across R. Angle body slightly right
5-6 Step back on R, turn ¼ left (3) stepping L to left side
7&8 Step R across L & L to left side, R across L

Section 5: Ball cross, L side rock, L jazzbox, sway x 2 (with knees rolling out)

&1 Step L to left side & cross R over L
2-3 Step L to left, weight back on R
4.5.6.7 Cross L over R, step back on R, step L to left side, touch R beside L
8& Sway right & left (if you want roll your knees out in the sway)

Enjoy the dance and the music. No tags or restarts. Love from Åsa

Last Update: 18 Jan 2025