

My Uncle Says

拍數: 64 牆數: 4 級數: Improver
編舞者: Eleonor Halsius (SWE) - January 2025
音樂: Six Pack From Here - Northlake Shivers



Intro: 16count, start on the lyric

Restart: During wall 4 after 40 count facing 3 o'clock

SEC 1 - CHASSE' R - ROCK LF BACK - REC - CHASSE' L - ROCK RF BACK - REC

- 1&2 Step right foot to right side - Step down on left foot next to right foot - Step right foot to right side
- 3-4. Rock back on left foot - Recover weight forward on right foot
- 5&6. Step left foot to left side - Step down on right foot next to left foot - Step left foot to left side
- 7-8. Rock back on right foot - Recover weight forward on left foot

SEC 2 - # DUCK WALK FW (over 4 count) - PIVOT 1/2 L - PIVOT 1/4 L

- 1-2. Step right foot diagonally forward and swivel left heel left - Step left foot diagonally forward and swivel right heel right
- 3-4. Step right foot diagonally forward and swivel left heel left - Step left foot diagonally forward and swivel right heel right
- 5-6. Step right foot forward - Turn 1/2 L
- 7-8. Step right foot forward - Turn 1/4 L

Note: Count 1-4 are performed with bent knees while traveling forward with the weight placed on the toe

SEC 3 - R JAZZ BOX CROSS - SUGAR FOOT TRAVELING TO THE RIGHT (over 4 count)

- 1-2. Cross right foot over left foot - Step back on left foot
- 3-4. Step right foot to right side - Cross left foot over right foot
- 5-6. Twist left heel right, touch right toe next to the left instep - Twist left toe right, touch right heel next left instep
- 7-8. Twist left heel right, touch right toe next to the left instep - Twist left toe right, touch right heel next to the left instep

SEC 4 - R SCISSOR STEP - HOLD - 1/4 TURN R, STEP LF BACK - SIDE R - CROSS LF OVER RF - HOLD

- 1-2. Step right foot to right side - Step left foot next to right foot
- 3-4. Cross right foot over left foot - Hold
- 5-6. Turn 1/4 right, step back on left foot - Step right foot to right side
- 7-8. Cross left foot over right foot - Hold

SEC 5 - R TOE STRUT TO R SIDE - L TOE STRUT BEHIND RF - WEAVE R (over 4 count)

- 1-2. Touch right toe to right side - Drop right heel to the floor
- 3-4. Touch left toe behind right foot - Drop left heel to the floor
- 5-6. Step right foot to right side - Cross left foot over right foot
- 7-8. Step right foot to right side - Cross left foot behind right foot ##### Restart here during wall 4 facing 3 o'clock

SEC 6 - R SIDE ROCK - REC - CROSS RF OVER LF - HOLD - 1/4 R, L TOE STRUT BACK - 1/2 R, R TOE STRUT FW

- 1-2. Rock right foot to right side - Recover weight back on left foot
- 3-4. Cross right foot over left foot - Hold
- 5-6. Turn 1/4 right over right shoulder, touch left toe back - Drop left heel to the floor
- 7-8. Turn 1/2 right over right shoulder, touch right toe forward - Drop right heel to the floor

SEC 7 - ROCK LF FWD - REC - L TOE STRUT BACK - ROCK RF BACK - REC - R TOE STRUT FWD

- 1-2. Rock forward on left foot- Recover weight back on right foot
- 3-4. Touch left toe to back - Drop left heel to the floor
- 5-6. Rock back on right foot - Recover weight forward on left foot
- 7-8. Touch right toe forward - Dropp right heel to the floor

SEC 8 - STOMP FW OUT - OUT (LF, RF) - ELVIS KNEES WITH HOLD (L - H - R - H - L, R)

- 1-2. Stomp forward on left foot, slightly to the left - Stomp right foot next to the left but slightly apart
- 3-4. Bend left knee in towards right knee - Hold
- 5-6. Straighten left knee and bend right knee in towards left knee - Hold
- 7-8. Straighten right knee and bend left knee towards right knee - Straighten left knee and bend right knee in towards left knee

REPEAT - ENJOY
