

# Sweet Jamaica

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Alexis Strong (UK) - January 2025  
音樂: Sweet Jamaica - The Dualers



Start on vocals 32 count intro

**[1-8] x4 HEEL DIGS FWD STEP TOGETHER.**

1-2            Dig R Heel Fwd (1) Step On R (2)  
3-4            Dig L Heel Fwd (3) Step On L (4)  
5-6            Dig R Heel Fwd (5) Step On R (6)  
7-8            Dig L Heel Fwd (7) Step On L (8)

**[9-16] x2 STEP SIDE, CROSS, STEP SIDE, KICK.**

1-2            Step R Side (1) Cross L Over R (2)  
3-4            Step R Side (3) Kick L To L (4)  
5-6            Step L Side (5) Cross R Over L (6)  
7-8            Step L Side (7) Kick R To R (8)

**[17-24] BACK ROCK RECOVER, x2 1/8 PADDLE TURNS (Rolling Hips) L, FWD ROCK RECOVER.**

1-2            Rock Back On R (1) Recover Fwd On L (2)  
3-4            Step Fwd On R (3) 1/8 Paddle Turn L, Step On L (4)  
5-6            Step Fwd On R (5) 1/8 Paddle Turn L, Step On L (6) 9:00  
7-8            Rock Fwd On R (7) Recover On L (8)

**[25-32] x2 STEP BACK SIDE POINT, HIPS BUMP BACK & FWD R L R L.**

1-2            Step Back On R (1) Point L To L (2)  
3-4            Step Back On L (3) Point R To R (4)  
5-6            Hip Bump Back R (5) Hip Bump Fwd L (6)  
7-8            Hip Bump Back R (7) Hip Bump Fwd L (8)

Enjoy ☺

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