

Ducks in a Row

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Wendie Smith (USA) - September 2024
音樂: One Day at a Time - Charly Reynolds



Count In: 8 counts

Notes: 2 Restarts on Walls 2 & 4

[1 - 8] STEP, TAP, STEP, HITCH, COASTER CROSS, STEP FLICK, STEP, FLICK, TRIPLE SIDE

1&2& Step forward on right, tap left behind right, Step back on left, hitch right 12:00
3&4 Step back on right, step left next to right, cross right over left 12:00
5&6& Step left to side, flick right behind left, step right to side, flick left behind right 12:00
7&8 Step left to side, step right beside left, step left to side 12:00

Restart here on walls 2 & 4

[9 - 16] CROSS, BACK, ¼ TRIPLE FORWARD, ROCK, RECOVER, COASTER

1 2 Cross right over left, step back on left 12:00
3&4 Make ¼ turn right and step right forward, step left next to right, step right forward 3:00
5 6 Rock left forward, recover on right 3:00
7&8 Step left back, step right next to left, step left forward 3:00

[17 - 24] RUMBA BACK, RUN, RUN, RUN, ¼ PIVOT RIGHT

1&2 Step right to side, step left next to right, step right back 3:00
3&4 Step left to side, step right next to left, step left forward 3:00
5&6 Run forward right, left, right 3:00
7 8 Step left forward, ¼ turn right (transferring weight to right) 6:00

[25 - 32] CROSS ROCK, RECOVER, STEP SIDE, CROSS ROCK RECOVER STEP SIDE, CROSS , BACK, COASTER STEP

1&2 Rock left over right, recover on right, step left to side 6:00
3&4 Rock right over left, recover on left, step right to side 6:00
5 6 Cross left over right, step back on right 6:00
7&8 Step left back, step right next to left, step left forward 6:00

See ya on the dance floor!

Email: wendie@wildrosesdanceteam.com

Phone: (+1) 561-202-4745