

# My True Heart

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Improver +  
編舞者: Sandy Kerrigan (AUS) - January 2025  
音樂: Don't Be Cruel - The Mavericks : (iTunes)



**Dance Info: Dance starts wt on Left-Dance starts on lyrics.**

**BPM [133.01] Track Length 3:18**

**Walls 3 – 5 – 7 – There are 3 restarts at count 24 with a step change-6:00**

**Walk Fwd R, Fwd L, Anchor Step, Walk Back L, Back R, Back L Coaster Step 12:00**

1 2 3 & 4      Walk Fwd R, Walk Fwd L, Lock R behind L, Slip L Back over R, Step Back on R  
5 6 7 & 8      Walk Back L, Walk Back R, Step Back L, Step R next to L, Step Fwd L

**Point R Side, Hold, Tog, Point L Side, Hold, Tog, Back Rock Step, R Shuffle Fwd 12:00**

1 2 &      Point R Toe to R Side, Hold, Step R next to L  
3 4 &      Point L Toe to L Side, Hold, Step L next to R  
5 6 7 & 8      Rock Back on R, Replace to L, Step Fwd R, Step L next to R Step Fwd R

**Fwd ¼ Pivot Turn R, Fwd ¼ Pivot Turn R, L Toe Heel Strut Fwd, R Toe Heel Strut Fwd 6:00**

1 2 3 4      Step Fwd L, ¼ Pivot Turn R, Step Fwd L, ¼ Pivot Turn R  
5 6 7 8      L Toes Fwd, Drop onto L Heel, R Toes Fwd, Drop onto R Heel

**Restarts: 3-5-7 - Facing 6:00 Wall-After the L Strut, Tap R next to L, Hold & restart 6:00**

**Fwd Rock Step, L Shuffle Back, Back Rock Step, Skate R Fwd, Skate L Fwd 6:00**

1 2 3 & 4      Rock Fwd L, Replace Back to R, Step Back L, Step R next to L, Step Back L  
5 6 7 8      Rock Back R, Replace Fwd to L, Skate R Fwd, Skate L Fwd

**Fwd Rock Step, R Shuffle Back, ¼ Turning Side Rock Step, Behind, Side, Cross 3:00**

1 2 3 & 4      Rock Fwd R, Replace Back to L, Step Back R, Step L next to R, Step Back R  
5 6      Turing ¼ L-Rock L to L Side, Replace R to R Side  
7 & 8      Step/Cross L behind R, Step R to R Side, Cross L over R

**¼ R-Monterey Turn, Point Side Hold, Back Rock Step, L Shuffle Fwd 6:00**

1 2 3 4      Point R to R Side, Turning ¼ R-Step R next to L, Point L to L Side, Hold  
5 6 7 & 8      Rock Back on L, Replace Fwd to R, Step Fwd L, Step R next to L, Step Fwd L

**[48]**

**Note: There are 3 restarts-all facing 6:00 wall-with a step change-noted above.**