

Rekha EZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Angéline Fourmage (FR) - 6 January 2025
音樂: Rekha - DESI TRILL & Mumzy Stranger



Start: 0,8s. approximately, On the lyrics with singer man

No Tag – No Restart

[1-8] Walkx2, Mambo, Back, Back, Coaster-Step

1-2 Walk FW: R, L
3&4 RF FW, Recover to LF, RF Back
5-6 LF Back, RF Back
7&8 LF Back, RF next to LF, LF FW

[9-16] Step, Touch, Step ¼ L, Touch, V-Step

1-2 RF to the R side, Touch LF next to RF
3-4 Make ¼ L with LF FW, Touch RF next to LF
5-6 RF FW on R Diagonal, LF FW on L Diagonal
7-8 RF Back, LF next to RF

[17-24] Weave, Sweep, Weave, Sweep

1-2 RF to the R side, LF behind RF
3-4 RF to the R side, Cross LF over RF with R Sweep from back to the front
5-6 Cross RF over LF, LF to the L side
7-8 RF behind LF, L Sweep from front to the back

[25-32] Anchor-Step, Anchor-Step, Coaster-Step, Step-Turn ½ L

1&2 LF behind RF, Recover weight on RF, Recover weight on LF
3&4 RF behind LF, Recover weight on LF, Recover weight on RF
5&6 LF Back, RF next to LF, LF FW
7&8 RF FW, Make ½ L (Finish weight is on LF)

For Level Improver : Rekha (Angéline FOURMAGE)

Smile et enjoy the dance

Contact: maellynedance@gmail.com