

# Run It

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jenergy (USA) & Amanda Fross (USA) - January 2025  
音樂: Run It - Jelly Roll



\*1 restart (6th wall – after 16 counts.)

## Section 1: V Step with Claps, Locking shuffles

1&2&      Step R diagonal forward, clap, Step L diagonal forward, clap  
3&4&      Step R back home, clap, Step L to R, clap  
5 & 6      Step R forward diagonal, lock L behind R, Step R forward diagonal  
7 & 8      Step L forward diagonal, lock R behind L, Step L forward diagonal

## Section 2: R Rock Recover, Shuffle ½ turn R, full turn R, Shuffle forward L-R- L

1-2      Step R forward, recover weight L  
3&4      Step R forward as you turn ½ R (6 o'clock), Step L to R, Step R forward  
5-6      Step L-R as you make full turn  
7&8      Step L forward, Step R to L, Step L forward

\*\* Restart here on 6th wall

## Section 3: ¼ Monterey turn R, Hitch R, Step R, Hitch L, Elevated Side together, L Cross & Cross

1-2      Point R to R side, turn ¼ R Hitching R knee to 9 o'clock wall  
3-4      Step R to R side, Hitch L with slight cross  
5-6      Step L to L side, bring R to L elevating to toes and slightly angle body R  
7 & 8      Step L across R, Bring R to L, Step L across R

## Section 4: Shuffle Turns L, "Run" forward R-L-R

1&2      Step R to R side, Step L to R foot, Step R to R side  
3&4      Turn L (6 o'clock) as you Step L to L side, Step R to L foot, Step L to L side  
5&6      Turn L (3 o'clock) as you Step R to R side, Step L to R foot, Step R to R side  
7&8      Step forward L, R, L