

My Own World

拍數: 32 牆數: 2 級數: Intermediate / Advanced
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音樂: My World - Calum Scott



Intro: 16 Counts, Start at approx 17 secs

SEC 1 Contract, Side, ¼ Fallway, Step Arabesque, Step ¾ Unwind Sweep, Weave, Side Lift, ⅙ Step, Point

1-2 Collapse body forward, step right to right
3&a Turn ⅙ left step left back, step right back, turn ⅙ left step left to left (9:00)
4 Step right forward lifting left back

Arms Circle left arm forward

5 Step left forward unwind ¾ right sweeping right from front to back (6:00)
6&a Step right behind left, step left to left, cross right over left
7 Step left to left lifting right forward ⅙ to right diagonal (7:30)
8& Step right forward, point left to left

SEC 2 Step, Point, ⅙ Jazzbox, Hitch, Run x3, Step Sweep, ½ Sweep, Sailor Step, Arms

1& Step left forward, point right to right
2&a Cross right over left, step left back ⅙, right step right forward (12:00)
3 Step left forward hitching right knee
4&a Step right forward, step left forward, step right forward
5 Step left forward sweeping right from back to front
6 Turn ½ left step right beside left sweeping left from front to back (6:00)
7&a Step left behind right, step right to right, step left to left
8&a Hold (8), Reach right arm up (&), reach left arm up (a)

***Restart Here on Wall 3 (close right foot together with left foot to restart)**

SEC 3 Point, Rolling Vine Lift ⅙, Back Lock, ⅙ Fallaway, Lunge, ½ Step Hitch

1 pull both arms down to the left side, point right to right
2a Turn ¼ right step right forward, turn ½ right step left back (3:00)
3 Turn ⅙ right step right to right lifting left to back (7:30)

Arms Lift right arm up to right diagonal

4a5 Step left back, right cross right over left, step left back (7:30)
&a6 Step right back, step left back, turn ⅙ right step right to right,
&a7 Turn ⅙ right step left forward, step right forward, turn ⅙ right step left to left into a lunge (12:00)
8 Turn ¼ right step right forward turn ¼ right hitching left knee (6:00)

SEC 4 Cross Shuffle, Side, Rolling Vine ½ Side Sweep, ½, Sailor Step, Step, Together

1a2 Cross left over right, step right beside left, cross left over right
3 Step right to right prepping body right
4&a Turn ¼ left step left forward, turn ½ left step right back, turn ¼ left step left to left (6:00)

***Restart Here on Walls 2 and 5 (Note: the music slows down)**

5 Turn ½ left step right to right sweeping left from front to back (12:00)
6a7 Step left behind right ¼, turn ¼ left step right to right, step left travelling forward (6:00)
8a Step right forward, step left beside right