

# Bala - Bala

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Bala-Bala - Deredia



Intro : 16 counts

## I. FLICK SIDE, JAZZ BOX

1-2      Bend RF to R, step RF beside LF.  
3-4      Bend LF to L, step LF beside RF.  
5-8      Cross RF over LF, step LF back, step RF to R, step LF forward.

## II. STEP SIDE

1-2      Step RF to R while move shoulder up and down.  
3-4      Step LF beside RF while move shoulder up and down.  
5-6      Repeat 1-2.  
7-8      Repeat 3-4.

## III. TURN $\frac{1}{8}$ , TOE STRUD, KICK, BACK, TURN $\frac{3}{8}$

1-2      Turn  $\frac{1}{8}$  to R touch R toe, step R heel down.  
3-4      Touch L toe, step L heel down.  
5-6      Kick RF forward, step RF back.  
7-8      Turn  $\frac{1}{8}$  to L step LF side, turn  $\frac{1}{4}$  to L step RF forward.

## IV. TWIST, SIDE, DRAG

1-4      Swivel heel and toe to L  
5-8      Big step RF to R (5), drag LF to RF (move slowly 6-8).

## TAG after wall 3

1-2      Kick RF to R, step close together beside LF (while shoulder up and down)  
3-4      Kick LF to L, step close together beside RF (while shoulder up and down)

HAPPY DANCING!!! ☺