Know Trouble (Clacker Optional)

級數: Improver

編舞者: Answorth Robinson (USA) - January 2025

音樂: Trouble (feat. Jennifer Hudson) - Iggy Azalea

I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts 24 counts in, right before lggy starts rapping. Use of a "clacker fan" optional.

CROSS ROCKS CHA CHAS

拍數: 32

- 123&4 Cross right over left, recover on left, right left right cha cha in place
- 567&8 Cross left over right, recover on right, left right left cha cha in place

WALKS, POINTS/CLACKS

- 1234 Walk forward right, left, right, left
- 5678 Clack fan/point right foot to right, right foot home, clack fan/point left foot left, left home

BACK WALKS. POINTS/CLACKS

- 1234 Walk back right, left, right, left
- 5678 Clack fan/point right foot to right, right foot home, clack fan/point left foot left, left home

ROCKING CHAIR/CLACK, QUARTER TURN LEFT SIDE ROCKS

- Clack/rock forward on right, recover left, clack/rock back on right, step on left 1234
- 5678 Rock side on right, left, right, left (backing up just a little) to complete guarter turn left

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com





牆數: 4