

Always Forever Young

COPPER **KNOB**
BY STEPHANIE

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Leni Marlina (INA) - December 2024
音樂: Forever Young (CYRIL Remix) - David Guetta, Alphaville & Ava Max



No tag No restart,
Dance start after 32 count.

Section 1 : FORWARD WALK (R-L-R), SIDE TOUCH (R-L)

1-2 Step RF forward, step LF forward
3- 4 Step RF forward, step LF forward
5-6 Touch RF to R, step RF close to LF
7-8 Touch LF to L, step LF close to RF

Section 2 : OUT, OUT, IN, IN, OUT, OUT, IN, IN

1-2 Step RF forward diagonal R, step LF forward diagonal L
3-4 step RF back to centre, close LF next to RF
5-6 Step RF back diagonal R, step LF back diagonal L
7-8 Step RF back to centre, close LF next to RF

Section 3 : ¼ R MONTEREY, WALK, KICK, BACK, TOUCH

1-2 Point RF to R, turn 1/4R stepping RF next to LF [03:00]
3-4 Point LF to L, step LF next to RF
5-6 step RF forward, kick LF forward
7-8 Step LF back, touch RF next to LF

Section 4 : VINE, SIDE CROSS, HIP ROLLS (R-L)

1-2 Step RF to R, cross LF behind RF
3-4 Step RF to R, cross LF over RF
5-6 Step RF to R as you roll hips to L
7-8 Put weight on LF as you roll hips to R

Happy Dancing !

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