

Worst Way

拍數: 32 牆數: 4 級數: Easy Intermediate - Rolling Count
編舞者: Amy Russell (AUS) & Heather Jayne Endall (AUS) - January 2025
音樂: Worst Way - Riley Green : (Spotify)



*1 Restart after 8 counts Wall 3 facing [3:00]

Intro: 16 counts starting on vocals

SECTION 1: SWAY R L, HITCH $\frac{3}{4}$ TURN R [9:00], L SIDE WITH SWEEP R, WEAWE L WITH DRAG X2

1,2,3,4 Step R to R side as you sway body to R side pointing L to L side (1), sway body to L side pointing R to R side (2), shift weight to R as you make a $\frac{3}{4}$ turn over right hitching L next to R [9:00] (3), step L to L side as you sweep R from front to back (4)
5&a6 Step R behind L (5), step L to L side (&), cross R in front of L (a), Step L to L side dragging R (6)
7&a8 Step R behind L (7), L to L side (&), Cross R over L (a), Step L to L side dragging R to touch next to L (8)

** RESTART here on Wall 3 facing 3:00

SECTION 2: CROSS ROCK X2, PIVOT $\frac{1}{2}$, FWD, $\frac{1}{2}$ R, $\frac{1}{4}$ R [12:00]

1,2 Cross rock R over L (1), Recover on L (2)
a3,4 Step R beside L (a), Cross L over R (3), Recover on R (4)
a5,6 Step L beside R (a) Step fwd on R (5), pivot $\frac{1}{2}$ over L shoulder transferring weight to L [3:00] (6),
7, a8 Step fwd on R (7), $\frac{1}{2}$ turn R step back on L [9:00] (a), $\frac{1}{4}$ turn step R to R side [12:00] (8)

SECTION 3: CROSS, R SCISSOR, $\frac{1}{4}$ R BASIC, R BACK WITH DRAG, [3:00] L COASTER, PRISSY WALK R L

1&a2 Cross L over R (1), Step R to R side (&) Step L beside R (a), Cross R over L (2)
3&a4 Step L back $\frac{1}{4}$ turn [3:00] (3), Step R together with L (&), Step L beside R (a) Step R back drag L slightly behind R (4)
5, a6 Step L back (5), Step R back beside L (a), Step L Fwd (6)
a7, a8 Hitch R across L angling body to [2:30] (a) Step fwd R [2:30] (7), Hitch L across R angling body to [4:30] (a) Step Fwd L [4:30] (8)

SECTION 4: PRESS FWD, PRESS FWD, PIVOT $\frac{1}{2}$ [9:00], WALK R L

1,2 Press R Fwd straightening body to [3:00] (1), Recover on L (2)
a3,4 Step R beside L (a), Press L Fwd (3), Recover on R (4)
a5,6 Step L beside R (a) Step Fwd R (5) Pivot $\frac{1}{2}$ over L shoulder transferring weight to L [9:00] (6)
7,8 Walk R (7), Walk L (8)

~ Option to body roll on the first 4 counts in section 4

Ending: Wall 8 you dance 16 counts, you will be facing 3:00. To finish simply reduce your $\frac{3}{4}$ turn to a $\frac{1}{2}$ turn to face 12:00. We hope you enjoy our collaboration to this gorgeous rolling count song by Riley Green ☐
Please feel free to get in touch with any feedback, questions or issues with the stepsheet.

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