

The Crown

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Charlotte Jakobsen (DK) - January 2025
音樂: The Crown - Ashes & Arrows



Intro 32 counts app. 25 secs

Sequence: A, B, C, A, B, C, C, Tag, A, B, C, C

A Part: 32 Counts

[1-8] R Rock, Tripple Full Turn Right, L Rock, L Shuffle ¼

1-2 Rock R fwd (1), Recover on L (2)
3&4 Turn ½ right stepping R fwd (3) 6:00, Step L next to R (&) Turn ½ R stepping R fwd (4) 12:00
5-6 Rock L fwd (5), Recover on R (6)
7&8 Turn ¼ left stepping L to left side (7) 9:00, Step R next to L (&), Step L to left side (8)

[9-16] R Cross, L Side, R Behind, ¼ Turn left, Step R Fwd, Step ½ Turn Right, Lock ½ Right

1-2 Cross R over L (1), Step L to left side (2)
3&4 Cross R behind L (3), Turn ¼ left stepping L fwd (&) 6:00, Step R fwd (4)
5-6 Step L fwd (5) Turn ½ stepping R fwd (6) 12:00
7&8 Turn ¼ right stepping L to left side (7) 3:00, Cross R over L (&), Turn ¼ right stepping back on L (8) 6:00

[17-24] R Back Rock, Shuffle ½ left, L Sailor ¼, R Step Lock Step

1-2 R rock back while popping L Knee (1), Recover on L (2)
3&4 Turn ¼ left stepping R to right side (3) 3:00, Step L next to R (&), Turn ¼ left stepping R back (4), 12:00
5&6 Cross L behind R while turning ¼ left (5) 9:00, Step R to right (&), Step L to Left (6)
7&8 Step R fwd (7), lock L behind R (&), Step R fwd (8)

[25-32] L Rock, L Coaster Cross, R Side Rock, Sync. Weave ¼ left

1-2 Rock L fwd (1), Recover on R (2),
3&4 Step L back (3), Step R next to L (&), Cross L over R (4)
5-6 Rock R to right side (5), Recover on L (6)
7&8& Cross R over L (7), Step L to left side (&), Cross R behind L (8), Turn ¼ left stepping L fwd (&) 6:00

B Part: 32 Counts

[1-8] R Rock, R Side Rock, R Behind, L Side, R Fwd, L Rock, L Side Rock, L Behind, R Side, L Fwd

1&2& Rock R fwd (1), Recover on L (&), Rock R to right side (2), Recover on L (&)
3&4 Cross R behind L (3), Step L to left side (&), Step R fwd(4)
5&6& Rock L fwd (5), Recover on R (&), Rock L to left side (6), Recover on R (&)
7&8 Cross L behind R (7), Step R to right side (&), Step L fwd (8)

[9-16] R Rocking Chair, R Step ½ Turn left, Step R fwd, R Full Turn, Boogie Walks R/L/R

1&2& Rock R fwd(1), Recover on L (&), Rock R back (2), Recover on L (&)
3&4 Step R fwd (3), Turn ½ left onto L (&) 12:00, Step R fwd (4)
5&6 Turn ½ right stepping L back (5) 6:00, Turn ½ right stepping R fwd (&) 12:00, Step L Fwd (6)
7&8 Step R fwd pushing hips/knees right (7), Step L fwd pushing hips/knees left (&), Step R fwd pushing hips/knees right (8)

[17-24] L Rock, L Side Rock, L Behind Side Fwd, R Rock, R Side Rock, R Behind, L Side, R Fwd

1&2& Rock L fwd (1), Recover on R (&), Rock L to left side (2), Recover on R (&)

3&4 Cross L behind R (3), Step R to right side (&), Step L fwd(4)
5&6& Rock R fwd (5), Recover on L (&), Rock R to right side (6), Recover on L (&)
7&8 Cross R behind L (7), Step L to left side (&), Step R fwd (8)

[25-32] L Rocking Chair, L Step ½ Turn right, Step L fwd, L Full Turn, Boogie Walks L/R/L

1&2& Rock L fwd(1), Recover on R (&), Rock L back (2), Recover on R (&)
3&4 Step L fwd (3), Turn ½ onto R (&) 6:00, Step L fwd (4)
5&6 Turn ½ right stepping R back (5) 12:00, Turn ½ right stepping L fwd (&) 6:00, Step R Fwd (6)
7&8 Step L fwd pushing hips/knees right (7), Step R fwd pushing hips/knees left (&), Step L fwd pushing hips/knees right (8)

C Part: 16 Counts

[1-8] R Mambo, L Sweep/behind, R Side, L Cross, ½ Diamond Turning right

1&2 Rock R fwd (1), Recover on L (&), Step R back (2)
3&4 Sweep L from front to behind R (3), Step R to right side (&), Cross L over R to the right diagonal 7:30 (4)
5&6 Cross R over L (5), Turn 1/8 right stepping L to left side (&) 9:00, Turn 1/8 right stepping R back (6) 10:30
7&8 Cross L behind R (7), Turn 1/8 right stepping R to right side (&) 12:00, Turn 1/8 right stepping L fwd (8) 1:30

[9-16] R Rock, R Behind, L Side, R Cross, L Rock, L Behind, R side, L Fwd

1-2 Rock R into the right diagonal (1) 1:30, Recover on L (2)
3&4 Cross R behind L (3), Step L to left side (&), Cross R over left (4)
5-6 Rock L into the left diagonal (5) 10:30, Recover on R (6)
7&8 Cross L behind R (7), Step R to right side (&), Step L fwd (4) 12:00

Tag: 4 Counts, Facing 6:00

[1-8] Boogie Walks R/L/R, Boogie Walks L/R/L

1&2 Step R fwd pushing hips/knees right (1), Step L fwd pushing hips/knees left (&), Step R fwd pushing hips/knees right (2)
3&4 Step L fwd pushing hips/knees left (3), Step R fwd pushing hips/knees right (&), Step L fwd pushing hips/knees left (4)

Ending Facing 12:00, Step R fwd
