

Do It

拍數: 32 牆數: 4 級數: Improver
編舞者: Charlotte Jakobsen (DK) - January 2025
音樂: The Way I Want It - Loi



Intro 16 counts app 11 sec

*1 Restart and 1 Tag see down below.

[1-8] Walk R/L, R/L Mambo, ¼ Side left, L Together

1-2 Walk R fwd (1), Walk L fwd (2)
3&4 Rock R fwd (3), Recover on L (&), Step back on R (4)
5&6 Rock L back (5), Recover on R (&), Step L next to R (6)
7-8 Turn ¼ to left side stepping R to right side (7) 9:00, Step L next to R (8)

[9-16] R Chassé, L Step ¼ Turn right, L Together, V-step

1&2 Step R to right side (1), Step L next to R (&), Step R to right side (2)
3&4 Step L fwd (3), Turn ¼ right stepping R to right side (&) 12:00, Step L next to R (4)
5-8 Step R to right diagonal (5) 1:30, Step L to left diagonal (6) 10:30, Step R back to centre (7),
Step L next to R (8)

Note: Restart here on Wall 3

[17-24] Side Rock Cross R/L (Travelling fwd), Step Lock Step, Touch L Fwd, Step L Back

1&2 Rock R to right side (1), Recover on L (&), Cross R over L (2)
3&4 Rock L to left side (3), Recover on R (&), Cross L over R (4)
5&6 Step R fwd (5), Lock L behind R (&), Step R fwd (6)
7-8 Touch L Fwd (7), Step L back (8)

[25-32] R Back Lock Step, L Coaster Step, Skate R/L/R, Skate L Turning ¼ left

1&2 Step R back (1), Lock L next over R (&), Step R back (2)
3&4 Step L back (3), Step R next to L (&), Step L fwd (4)
5-8 Skate R to right diagonal (5) 1:30, Skate L to left diagonal (6) 10:30, Skate R to right diagonal
(7) 1:30, Skate L to left while turning ¼ left (8) 9:00

Restart on Wall 3, After 16 counts, Restart facing 6:00

Tag after Wall 4, Facing 3:00, 4 Counts Tag

[1-4] R Step ½ Turn left, Step ¼ Turn left

1-2 Step R fwd (1), Turn ½ left onto L (2) 9:00
3-4 Step R fwd (3), Turn ¼ left onto L (4) 6:00

Ending on Wall 7, After 16 counts facing 12:00, Step R fwd