

M&M Smart vs Smarter (Chair Dance)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Phrased Beginner - Chair Dance
編舞者: V. Allen L. Isidro (USA) - January 2025
音樂: Man Smart, Woman Smarter - Dr. Victor & The Rasta Rebels



Choreographed for the 2025 Music & Motion Season

PHRASING: AA BB CC CC-AA BB+2ct AA CC CC-BB+2ct AA CC CC-BB+2ct AA CC CC-Ending Tag

Set A: 16c

Heel, together, heel, together, both feet fan right-fan center-fan left-fan center

1-2-3-4 R heel-R together-L heel-L together
5-6-7-8 Both RL feet fan right-fan center-both LR feet fan left-fan center
1-2-3-4 R heel-R together-L heel-L together
5-6-7-8 Both LR feet fan left-fan center-both RL feet fan right-fan center

Set B: 8c

Hand up from elbow with left hand sideways under the elbow, hand up from elbow with right hand sideways under the elbow

1-2-3-4 R hand up from elbow with L hand under R elbow, L hand up from elbow with R hand under the L elbow (2x)
5-6-7-8 R hand up from elbow with L hand under R elbow, L hand up from elbow with R hand under the L elbow (2x)

Set C: 8c

Palms moving horizontally one of top of the other switching from outward-inward motion on 1st & 2nd count, doubling on 3rd count

(tip: Every time the song phrase says "That's Right")

1-2-3-4 R palm moving from right to left above L, simultaneously L palm moving from left to right below R on 1, switching palms on 2, double the palm moves on 3-4
5-6-7-8 L palm moving from left to right above R, simultaneously R palm moving from right to left below L on 5, switching palms on 6, double the palm moves on 7-8

Ending Tag As the music slows down

1-2-3-4 R palm moving from right to left above L, simultaneously L palm moving from left to right below R on 1, switching palms on 2, switching palms on 3, switching palms on 4
5-6-7-8 L palm moving from left to right above R, simultaneously R palm moving from right to left below L on 5, switching palms on 6, switching palms on 7, switching palms on 8

Repeat 1-8

1-8 Both hands on knees, moving wrists up & down with feet until the music fades

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