# Dart To My Heart



拍數: 32 編數: 4 級數: Absolute Beginner

編舞者: Sher Mcintosh (CAN) - January 2025

音樂: Puntería - Shakira & Cardi B



#### No Tag No Restart

To make this a 1 Wall Dance, eliminate the 1/4 turn in Section 2 and do a left basic with the dip.

#### Section 1: Basic to the Right, Step R to R, L beside R, Dip with both knees bent together, Straighten up

1 – 4 Step R to R, L beside R, R to R, L beside R

5 – 8 Step R to R, L beside R, Dip with both knees bent(7), Straighten up(8)

### Section 2: Basic to the Left with 1/4 Turn Left, tog, Dip and Straighten

1 – 4 Step L to L, R beside L, L to L, R beside L

5 – 8 Turn 1/4 left stepping on L foot(5), together (6), dip bend knees(7), straighten up(8)

## Section 3: R foot start:point out and in, L foot out and in, Right foot point out and in 2X ending with weight on R foot

1 – 4 Point R toe to R side, R foot return (with weight), Point L toe to L side, L foot return (with

weight)

5 – 8 Point R toe to R side, R toe centre, R to R side, R foot return (with weight)

## Section 4: L foot start:point out and in, R foot point out and in, Left foot point out and in 2X ending with weight on L foot

1 – 4 Point L toe to L side, L foot return (with weight), Point R to R side, R foot return (with weight)

5 – 8 Point L toe to L side, L toe centre, L to L side, L foot return (with weight)

#### shermcintosh67@gmail.com