

Jack to Forget

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nathan Lee (USA) - January 2025
音樂: Ain't Doin' Jack - Josh Ross



Start on first beat- no tags- no restarts

[1-8] LINDY R, LINDY L

1&2 Step R out (1), Step L next to R (&), Step R out (2)
3,4 Cross L behind R and rock backward (3) Rock onto R (4)
5&6 Step L out (5), Step R next to L (&), Step L out (6)
7,8 Cross R behind L and rock backward (7) Rock onto L (8)

[9-16] R TOE, STEP, ½ TURN, L TOE, STEP, ½ TURN

1,2 Place R toe forward (1), Step R foot down (2)
3,4 Step forward L (3), Pivot ½ over R shoulder (4)
5,6 Place L toe forward (5), Step R foot down (6)
7,8 Step forward R (7), Pivot ½ over L shoulder (8)

[17-24] ROCK OUT R, ROCK BACK R, SHUFFLE FORWARD RLR, ½ PIVOT

1,2 Step R foot out to R side (1), Rock weight onto L foot (2)
3,4 Place R foot backward (3), Rock weight onto L foot (4)
5&6 Step R foot forward (5), Step L next to R (&), Step R foot forward (6)
7,8 Step forward L (7), Pivot ½ over R shoulder (8)

[25-32] SHUFFLE LRL, ½ PIVOT, HIP SHAKE

1&2 Step forward L (1), Step R next to L (&), Step forward L (2)
3,4 Step forward with R (3), Pivot ½ over L shoulder (4)
5,6,7,8 Hip to R side (5), Hip to L side (6), Hip to R side (7), Hip to L side (8)

Last Update: 6 Jan 2025
