

Stuck In Melody

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: EWS Winson (MY) & Duma Kristina S (INA) - January 2025
音樂: Valentino - Years & Years & MNEK



Intro : 48 counts in (Approx 0.26 sec)

#1 (1-8) R Side Mambo, L Side Mambo, R Forward Mambo, L Back Mambo

1&2 Weight on LF: Rock RF to R side (1), recover weight on LF (&), close RF beside LF (2) 12.00
3&4 Rock LF to L side (3), recover weight on RF (&), close LF beside RF (4) 12.00
5&6 Rock RF forward (5), recover weight on LF (&), close RF beside LF(6) 12.00
7&8 Rock LF back (7), recover weight on RF (&), close LF beside RF (8) 12.00

#2 (9-16) R Pivot ½ (L), R-L Forward Walk, R Forward Scuff, R Side, L-R Syncopated Heel Swivel

1-4 Step RF forward (1), turn ½ L over L shoulder (2), walk forward on RF-LF (3-4) 6.00
5-6 Scuff R heel forward (5), step RF to R side (6) 6.00
&7&8 Swivel L heel inward (&), return L heel to centre (7), swivel R heel inward (&), return R heel to centre 6.00

#3 (17-24) L Cross, R Side, L Behind with R Sweep, R-L Back Pony Steps, R Coaster Step

1&2 Cross LF over RF (1), step RF to R side (&), cross LF behind RF sweeping RF from front to back (2) 6.00
3&4 Step RF back while lifting L knee (3), step LF in place (&), step RF back while lifting L knee (4) 6.00
5&6 Step LF back while lifting R knee (5), step RF in place (&), step LF back while lifting R knee (6) 6.00
7&8 Step RF back (7), close LF beside RF (&), step RF forward (8) 6.00

#4 (25-32) L Pivot ¼ (R), L Cross Shuffle, R-L Box ½ (L), L Close

1-2 Step LF forward (1), turn ¼ R over R shoulder (2) 9.00
3&4 Cross LF over RF (3), step RF to R side (&), cross LF over RF (4) 9.00
5-8 Step RF to R side (5), turn ¼ L stepping LF to L side (6), turn ¼ L stepping RF to R side (7), close LF beside RF (8) 3.00