

# 3 Pleases

拍數: 32      牆數: 4      級數: Improver  
編舞者: The Highlander (UK) - January 2025  
音樂: Please Please Please - Sabrina Carpenter



## #32 Count Intro.

### Sec 1 Right Side Rock & Left Side Rock & Forward Rock, Shuffle ½ Turn.

1-2&      Rock R to right side, Recover onto L, Step R next to L,  
3-4&      Rock L to left side, Recover onto R, Step L next to R,  
5-6      Rock forward onto R, Recover onto L,  
7&8      Turn ¼ right stepping R to right side, Step L next to R, Turn ¼ right stepping R forward.  
(06.00)

### Sec 2 Shuffle ½ Turn, Coaster Step, Out L, Out R, Sailor ¼ Turn Left.

1&2      Turn ¼ right stepping L to left side, Step R next to L, Turn ¼ right stepping L back, (12.00)  
3&4      Step R back, Step L next to R, Step R forward,  
5-6      Step L to left diagonal, Step R to right side,  
7&8      Step L behind R, Turn ¼ left stepping R next to L, Step L next to R. (09.00)

### Sec 3 Turn ¼ Left into Right Side Mambo, Left Side Mambo, Step ¼ Left, Cross Shuffle.

1&2      Turn ¼ left rocking R to right side, Recover onto L, Step R next to L, (06.00)  
3&4      Rock L to left side, Recover onto R, Step L next to R,  
5-6      Step R forward, Pivot ¼ turn left stepping onto L, (03.00)  
7&8      Cross R over L, Step L to left side, Cross R over L.

### Sec 4 Side Rock, Cross, Side, Coaster Step, Step Pivot ½ Turn Left.

1-2      Rock L to left side, Recover onto R,  
3-4      Cross L over R, Step R to right side,  
5&6      Step L back, Step R next to L, Step L forward,  
7-8      Step R forward, Pivot ½ turn left stepping onto L, (09.00)

Contact:- [theldhighlander@gmail.com](mailto:theldhighlander@gmail.com)