

# Low Low

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Rizz Choi (KOR) - January 2025  
音樂: Low (feat. T-Pain) - Flo Rida



intro)

part 1: 16c

part 2: 16c intro dance

(1-8) circle to Right- RF flick

(9-16) circle to Left- LF touch

## S1) SIDE ROCK-RECOVER-TOGETHER [R, L], BACK ROCK& HITCH - RECOVER, HITCH- SIDE KICK-STEP, TOGETHER

1&2      •••• RF side rock to right, LF recover, RF next to LF  
3&4      •••• LF side rock to left, RF recover, LF next to RF  
5 6      •••• RF backward step while LF knee hitch up, LF step in place(weight on)  
7&8      •••• RF knee hitch and kick side to right, RF ball step beside of LF, LF next to RF

## S2) SIDE-TOGETHER [R, L], CROSS TOUCH, SIDE TOUCH, SAILOR STEP, FORWARD STEP

1 2      •••• RF side to right, LF next to RF with arms fold in the direction of progression  
3 4      •••• LF side to left, RF next to LF with arms fold in the direction of progression  
5 6      •••• RF touch to cross over LF, RF touch side to right  
7&8      •••• RF behind of LF, LF next to RF, RF side to right  
&      •••• LF step(preliminary step)

## S3) SWAY (R-L-R-L), SIDE, R $\frac{3}{4}$ UNWIND TURN, TOE SPLITS 2TIMES

1 2      •••• RF out to side swaying right, LF sway left weight on to left in place while swipe body from bottom to top with hands  
3 4      •••• swaying (weight on right-left) while swipe body from bottom to top with hands  
5 &6      •••• RF step in place, LF kick cross over RF, R $\frac{3}{4}$ turn to right (9:00),  
7&      •••• RF-LF open both toes out, close toe together  
8&      •••• RF-LF open both toes out, close toe together

## S4) KICK BALL SIDE POINT [R, L], BODY ROLL WITH ARMS ACTION

1&2      •••• RF fwd kick-step ball, RF flat& LF point side to left  
3&4      •••• LF fwd kick-step ball, LF flat& RF point side to right  
5 6      •••• RF step with body rolling while lower hands from around chest  
7 8      •••• body rolling while lower hands from around waist(end of performance LF weight on)

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